



Delhi Council for Child Welfare

ANNUAL REPORT 2011 – 2012

GIVING CHILDREN A CHILDHOOD

**EXECUTIVE COMMITTEE MEMBERS
2011 - 2012**

Patron-in-Chief	—	Shri Tejendra Khanna (Hon'ble Lt. Governor of Delhi)
Patron	—	Shri Kamal Nath (Union Minister for Urban Development)
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Vice President	—	Smt. Meenaxi Gupta
Hony. General Secretary	—	Shri Asheesh Vadera
Hony. Treasurer	—	Shri Ravi Bahadur
Hony. Joint Secretary	—	Smt. Sunita (Tia) Luthra
Hony. Members	—	1. Smt. Sudha Gupta
	—	2. Smt. Asha Gupta
	—	3. Smt. (Sunita) Anshu Parmar
	—	4. Smt. Tarini Bahadur
	—	6. Smt. Minakshi Bahadur
	—	7. Smt. Kiran Dalmia
	—	8. Smt. Barkha Kumar
	—	9. Shri Mukul Bhatnagar
	—	10. Smt. Radhika Ramnath
	—	11. Smt. Brinda Shroff
Hony. Financial Advisor	—	Shri Mahesh Gupta
Hony. Internal Auditor	—	Shri Rajiv Aggarwal

A NOTE FROM THE PRESIDENT

Any NGO working in the field of child welfare must always be braced to deal with the unexpected and to solve what seem like insurmountable problems - and Delhi Council for Child Welfare is no exception. A critically ill infant fighting for survival; a toddler, malnourished and neglected by its parents because both must work all day to feed their family; a mentally challenged child crying out for care and therapy; a bright and hardworking child too poor to pay for school education let alone private tuition; a teenager crippled with polio desperately seeking medical intervention and mobility aids; an adolescent girl reeling under the yoke of discrimination with respect to health, education and nutrition within her own family - these are only a few of the everyday challenges that Delhi Council has made it its mission to take up. And it is with a sense of pride and satisfaction that I can say that our DCCW team has done just that with remarkable success this past year despite the paucity of funds that continues to beleaguer us.

It is precisely this funds crunch that has hit us hard in 2011 -2012, and it is with deep regret DCCW decided to close down the Bal Chetna Respite Home at the Orthopaedic Centre to reduce costs. This was an extremely painful decision to take especially after seeing the transformation in the children with the care and therapy they have received at the Centre over the years. But given the high quality of care involved - medical, paramedical, nutritional etc – the programme has proved too expensive to continue. We are determined, however, that the sacrifice of our Bal Chetna residential care programme will be the last cutback. The children in the home are being gradually transferred to other well - reputed homes with the sanction of the Child Welfare Committee after verifying that the children will be properly looked after. The Bal Chetna Day Care programme however is continuing as vigorously as before, with heartwarming results.

The other upheaval that confronts us is the temporary taking over of the PALNA grounds and the demolishing of a section of the Palna home by the Delhi Metro Rail Corporation (DMRC) as part of its underground expansion project. We were informed in December 2011 by DMRC that DCCW will have to make alternate arrangements to house Palna children and accommodate the other displaced services, and that these arrangements will need to last for three years or so before DMRC can return our grounds and restore the demolished structures. DCCW's Head Office and PALNA in particular will for a few years cease to be the beautiful haven it has been for our children. Needless to say, we have been busy working with DMRC and our architect to make sure that despite being located right next door to a noisy and dusty construction site, PALNA will continue to be the safe, healthy and happy home it has always been for our children.

There is plenty of good news too – DCCW received the anticipated accreditation from Credibility Alliance in May 2011, testifying to DCCW's integrity and transparency as a donation- supported NGO. The expertise of DCCW's adoption team continues to be sought by adoption authorities in Delhi and by CARA, particularly when it comes to establishing principles of best practices regarding child care and adoption placements. Our programmes – such as PALNA, the crèches, Bal Chetna Outreach Programme, the Vocational Training Programme and the Orthopaedic Centre – continue to be regarded as standard bearers in their particular fields, receiving laudatory recognition from parents of beneficiaries, donors, well-wishers and government authorities alike.

It's never a dull day, month or year at Delhi Council....

Mrs. Neena Macedo

About Delhi Council for Child Welfare

Delhi Council for Child Welfare (DCCW) is a Non-Governmental Organization (NGO) established in 1952. The Council first started its work among children who had been displaced, lost or abandoned in the riots surrounding the Partition of India, providing them day care, a mid day meal and recreational activities. Over the decades, DCCW's programmes have grown and diversified to cover educational sponsorship medical services, nutrition, vocational training, adoption, rehabilitation of physically and mentally children and the provision of day care and non-formal education to the underprivileged children of Delhi and the surrounding areas. Today, these services reach approximately 3000 children daily and are provided virtually free of cost to them.

Vision

A society where all children have all that is rightfully theirs and every opportunity to realize their potential.

Mission Statement

“Giving children a childhood”

To undertake programmes and provide services to the underprivileged children of Delhi and the neighboring regions that will promote their health, development and economic and social wellbeing.

Legal Identity of the organization

- DCCW is registered as a Society under the Societies Registration Act (XXI) of 1860. Registration No.: S-2236 of 1963-64
- DCCW is registered with the Income Tax Department under Section 12 A No.: DLI (C) (I-369)/1974-75 dated 17.10.1975
- FCRA (Foreign Contribution Regulation Act) Registration No: 231650267 dated 26th March 1985
- Income Tax Permanent Account Number: AAATD 5531H
- TAN number: DELD06944A
- Delhi Council for Child Welfare is registered with Income Tax Department under Sec 35 AC (100% Income-tax exemption for donations) - through Notification No. S.O. 640(E) dated 22nd March 2010 from Ministry of Finance, Government of India.
- Delhi Council for Child Welfare is registered with Income Tax Department under Section 80 G (50% tax exemption); Filenumber: DIT (E) 2008-2009/D-181/3448 dated 31.03.2009.
- Delhi Council for Child Welfare is affiliated to the Indian Council for Child Welfare (ICCW).

Management

The Executive Committee is an elected body that is responsible for the overall management of DCCW's affairs. Its members work strictly in an honorary capacity. No remuneration, sitting fees or any form of compensation is paid to any Executive Committee members nor does any Executive Committee member receive travel fees towards attending any DCCW meetings.

All the programmes of DCCW, except the Crèche Programme and the Anganwadi Workers' Training Centres, are funded through donations - both institutional / corporate as well as individual.

Programmes run by Delhi Council for Child Welfare

- **PALNA**
A home for abandoned and surrendered children in need of care and protection; in-country and inter-country adoption
- **Orthopaedic Centre**
Orthopaedic and rehabilitation programme for physically challenged children
- **Bal Chetna Outreach Programme (Day Care Centres)**
Rehabilitation of special needs children
- **Vocational Training Programme**
Income-generating skills for adolescent girls
- **Educational Sponsorship**
Financial assistance for school-going children
- **Supervised Homework Scheme**
Academic support and homework assistance to school-going children
- **Working Children's Project**
Educational support, training in skilled vocations and integration into schools for working children

DCCW also runs two government supported programmes:

- **Anganwadi Workers' Training Centres**
Training and Refresher Courses for Anganwadi (ICDS) Workers
- **The Crèche Programme**
Day care programme for infants and young children under the 'Rajiv Gandhi National Crèche Scheme for the Children of Working Mothers'

LOCATION OF CENTRES AND PROGRAMMES

Sl. No.	Name & Address of Centre	Programmes at the Centre	No. of Units	No. of Children
1.	Bawana Village Choupal Northwest Delhi	<ul style="list-style-type: none"> - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	01 01 01	16 13 10
2.	Bhalswa Village Choupal Northwest Delhi	<ul style="list-style-type: none"> - Crèche - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring 	02 01 01	84 18 19
3.	Dakshinpuri F- Block, Street No.- 5, Resettlement Colony, South Delhi	<ul style="list-style-type: none"> - Crèche - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	02 01 02 01	79 14 32 12
4.	Gadaipur Mehrauli Road, South Delhi	<ul style="list-style-type: none"> - Crèche - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring 	02 02 01	53 39 12
5.	Karala Village Choupal Northwest Delhi	<ul style="list-style-type: none"> - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	01 01 01	20 14 16
6.	Madipur D- Block, Resettlement Colony, West Delhi	<ul style="list-style-type: none"> - Crèche - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Beauty Culture • Weaving 	02 01 01 01	84 19 08 04
7.	Nithari Village Choupal Northwest Delhi	<ul style="list-style-type: none"> - Crèche - Bal Chetna- Day Care Outreach Programme for physically and mentally challenged children 	02 01	96 45
8.	New Seemapuri Block-C, Resettlement Colony Northeast, Delhi New Seemapuri Block-A, Balmiki Temple, Resettlement Colony, Northeast Delhi	<ul style="list-style-type: none"> - Crèche - Bal Chetna Day Care Outreach Programme for physically and mentally challenged children - Working Children's Project 	02 01 01	63 42 89

Sl. No.	Name & Address of Centre	Programmes at the Centre	No. of Units	No. of Children
9.	Orthopedic Centre D-34, Institutional Area, Pankha Road , Janakpuri West Delhi	<ul style="list-style-type: none"> - Crèche - AWTC-II Unit - Bal Chetna - Orthopaedic Programme Rehabilitation Services for physically and mentally challenged children (See the Orthopaedic Centre report for more details.)	02 01 02 01	71 - 53
10.	Pooth Kalan Village Choupal, Northwest Delhi	<ul style="list-style-type: none"> - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	01 01 01	16 10 12
11.	Pandav Nagar A-B, Park, Resettlement Colony, West Delhi	<ul style="list-style-type: none"> - Crèche - Vocational Training <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	02 01 01	63 23 10
12.	Sultanpuri P-1, Block, Community Centre, West Delhi	<ul style="list-style-type: none"> - Crèche - Supervised Homework Scheme - Bal Chetna- Day Care Outreach Programme for physically and mentally challenged children 	02 01 01	72 09 30
13.	Smalkha, Village Choupal, Southwest Delhi	<ul style="list-style-type: none"> - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Embroidery/Painting 	02 01 01	32 13 06
14.	Shahabad Dairy Community Centre , A- Block Resettlement Colony, Northwest Delhi	<ul style="list-style-type: none"> - Supervised Homework Scheme - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	01 02 01	17 20 19
15.	Trilokpuri-I Block 5-6, Resettlement Colony, East Delhi	<ul style="list-style-type: none"> - Crèche - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	03 01 01	114 16 20
16.	Trilokpuri-II Block- 27, Resettlement Colony, East Delhi	<ul style="list-style-type: none"> - Crèche - AWTC Unit III - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	03 01 01 01	96 - 13 11
17.	Begampur Village Choupal, Northwest Delhi	<ul style="list-style-type: none"> - Crèche - Vocational Training: <ul style="list-style-type: none"> • Cutting & Tailoring • Beauty Culture 	02 01 01	61 13 06

Sl. No.	Name & Address of Centre	Programmes at the Centre	No. of Units	No. of Children
18.	Palam Bariyal Choupal Village Palam Southwest Delhi.	- Crèche - Vocational Training: • Cutting & Tailoring • Beauty Culture	02 01 01	66 13 13
19.	Mubarakpur Village Choupal, Northwest Delhi	- Vocational Training: • Beauty Culture	01	09
20.	Qudsia Bagh Qudsia Bagh, Yamuna Marg, Civil Lines, Delhi	- Head Office - Crèche - Supervised Homework Scheme - AWTC Unit-I - Palna Home - Adoption Programme - Bal Chetna(Residential) - Sponsorship Programme	02 02 01	71 29 -

• Crèche:	1073
• AWTC	963
• Palna	95
• SHW	229
• WCP	89
• Vocational Training (Centres):	367
• Vocational Training (Orthopaedic Centre)	127
• Orthopaedic Centre	20,008
• Bal Chetna-Day Care - Outreach centres:	117
• Bal Chetna Orthopaedic centre:	53
• Bal Chetna Palna	17
• Sponsorship	980

ANGANWADI WORKERS' TRAINING CENTRES

The Anganwadi Programme is a vital component of the Central Government's ICDS Scheme (Integrated Child Development Services Scheme). It is a grassroots programme started in 1975 to educate women in rural areas and in urban slums and resettlement colonies, on subjects such as immunization and first aid, the importance of breast feeding and nutrition etc. Of the five Anganwadi Workers Training Centres in Delhi, DCCW runs three.

DCCW's Anganwadi Workers' Training Centres are located in the following areas:

AWTC I: Qudsia Bagh, (Head Office premises), Civil Lines, North Delhi

AWTC II: Orthopaedic Centre, Janakpuri, South-West Delhi

AWTC III: Trilokpuri, East Delhi

Between April 2011 and March 2012 the three AWTCs conducted the following training courses for new and serving Anganwadi Workers and Helpers deputed by the Department of Women and Child Development, Delhi Government.

S.No.	Type of Courses	No. of Course	No. of Trainees
1	Anganwadi Workers' Induction Training Course	18	360
2	AWW Job Training Course	09	315
3	AW Helpers Orientation Course	06	288
	TOTAL	33	963

Work Assigned to AWTC Staff by the Department of Women and Child Development, Government of NCT , Delhi.

- The Central Government has introduced a new scheme called the Rajiv Gandhi Kishore Yojna for adolescent girls. The scheme includes a component called SABLA in which two adolescent girls from each Anganwadi Centre will be trained on issues concerning health, nutrition, childcare and life skills. On the request of Child Development Project Officers, all nine staff members from the AWTCs conducted the training of adolescent girls in the following ICDS Projects during the month of February and March 2012.

Sri Ram Colony	Gautam Vihar	Bhagirati Vihar	Nangloi	Prataqp Vihar
Shahdara	Seelampur	Sabda	Rohini II	Maangolpuri
Mangolpuri Khurd	Nabi Karim	Jehangirpuri	Nihal Vihar	Jwalapuri
Burari	Bhalaswa	Wazirpur	Shakurpur	

- Despite frequent visits by AWTC staff members to the Department of Women and Child Development, Government of Delhi, to request the Director, Joint Director and Deputy Director for the timely release of the grant-in-aid to training centres, outstanding dues continue running into tens of lakhs, placing an enormous financial burden on DCCW.

Other programmes conducted and attended by the AWTC staff during 2011 - 2012

- AWTC-II staff helped the VTP staff members in conducting surveys in Sagarpur and Brahmpur to identify girls for the Vocational Training Programme. A counseling session was also organized by the staff at the Orthopaedic Centre in April, 2011. The topics covered were:
 - Admission procedures
 - Instructions to be followed in the Vocational Training Programme
 - Annual plan and Syllabus
- A course on 'Orientation Training' was organized in the month of June 2011 at the Orthopaedic Centre for girls in the Vocational Training Programme. The same was organized by the Nutrition Extension unit, Mayapuri. Two staff members from AWTC – II, Mrs. Rashmi Bhargava and Mrs. Rajni Kaushik also attended the same.
- Awareness programmes for the parents of Bal Chetna Day Care Centres in New Seemapuri, Sultanpuri and Nithari were conducted by Mrs. Uma Shukla and Mrs. Hemlata Talwani in June and September 2011. The topic covered was: "Disability-how to handle and prevent it".

- AWTC staff also helped the crèches in organizing PTA meetings in Madipur, Qudsia Bagh, Gadaipur, Nithari and Smalkha in September and November 2011.
- Mrs. Hemlata Talwani Principal AWTC III conducted a session on Nutrition in Khichripur (Kalyanpuri) organized by the Food and Nutrition Board in June 2011.
- The staff from AWTC - I also helped the Programme Officer of the Supervised Homework Scheme in the evaluation of SHW tutors. The evaluation was done through a written and oral examination and the report was prepared by 30th July 2011.
- A five - day Nutrition and Health Awareness Programme was organized by the three units of the AWTC for the trainees of the Vocational Training Programme at the following centres:

AWTC – I	Madipur	6 th to 12 th July 2011
AWTC – II	Palam and Trilokpuri	6 th to 12 th July 2011
AWTC – III	Dakshinpuri and Pandav Nagar	10 th to 14 th October 2011

- During Breast Feeding Week (1st to 7th August 2011) the Food and Nutrition Board Extension Unit Mayapuri organized a two-day awareness programme on 2nd and 5th August 2011 for Bal Chetna parents and for AWTC II trainees and staff at the Orthopaedic Centre. A Nutritious Recipe Competition and an Exhibition on Food and Nutrition were also organized for the participants. Prizes were given to those who submitted the best recipes.
- The Food and Nutrition Board Extension Units at Kidwai Nagar also organized a one-day programme on 3rd August at Trilokpuri AWTC III (during Breast Feeding Week) for girls in the Vocational Training Programme, VTP staff and DCCW supervisors. A Nutritious Recipe Competition was also held in which AWTC trainees and women from the local community took part. Prizes were given to those who contributed the best recipes.
- AWTC-I celebrated Independence Day and Supervised Homework Scheme Day with the SHS children at the Head Office. Anganwadi Trainees sang patriotic songs for the children. They also celebrated the festival of Janamastmtmi with the crèche children. Different tableaux were presented on the life of “Lord Krishna”.
- The Food and Nutrition Board Extension Unit, Kidwai Nagar organized an awareness programme on ‘Nutritious Diets’ on 2nd September 2011 at AWTC-III to celebrate Nutrition Day. The programme was attended by women from the community, DCCW’s crèche staff and AWTC trainees and staff. A puppet show was also organized for the participants.
- Nutrition Week celebrations – The Food and Nutrition Board Extension Unit Mayapuri in collaboration with AWTC-II Orthopaedic Centre organized a two-day Nutrition Orientation Programme on 8th and 9th September, 2011 for crèche helpers at the Orthopaedic Centre. A total of 19 crèche helpers, two crèche workers and one supervisor attended the programme.
- AWTC-II, staff conducted interactive sessions at two NGOs working in the field of child welfare - Alam and at the A. B. Baliga Trust - on the topic ‘Growth Monitoring and Child Care’. A parents meeting on IEC (Early Childhood Care and Education) Campaign was organized in October and March 2011.
- In November 2011 AWTC-II staff organized a counseling session on Sex Education for girls in the Vocational Training Programme at the Orthopaedic Centre.
- A one-day Training Programme was organized for the VTP girls at the Orthopaedic Centre on 21st March 2012 by the staff of AWTC-II on the topic - ‘Good Nutrition, Sex Education and Life Skills’.
- A joint meeting of Supervisors, AWTC staff and VTP staff was organized to re-design the final evaluation system of trainees in the Vocational Training Programme to make it more accurate and comprehensive.
- The staff at the AWTCs guided and supervised the annual assessments of the Vocational Training Programme in February 2011.

The AWTC staff actively participated in the following programmes held during the year 2011-12 at the DCCW Head Office in Qudsia Bagh:

- | | |
|--|---------------------------------|
| • Orthopaedic Centre’s Diwali Mela | 21 st October, 2011 |
| • Children’s Day Celebration - | 12 November, 2011 |
| • Educational Sponsorship Day | 12 th November 2011 |
| • Palna Day | 19 th November, 2012 |
| • Bravery Awards Function | 21 st January, 2012 |
| • Vocational Training Programme Valedictory Function | 16 th March 2012 |

The AWTC trainees and staff collected over 48,500/- for DCCWs fund raising campaign through the sale of *rakhis*, greeting cards, calendars and raffle tickets.

CRÈCHE PROGRAMME

The Crèche Programme is a Central Government initiative started in 1976, to provide developmental, medical and nutritional inputs to infants and young children in the age group, 0- 6 years belonging to economically weaker sections of society. Started in 1975, the programme runs as part of the '**Rajiv Gandhi National Crèche Scheme for the Children of Working Mothers**'. The Rules and Regulations, Terms and Conditions of the Scheme are laid down by the Government of India, to be followed and implemented by NGOs and State - run bodies. As one of the implementing agencies of the Scheme, DCCW runs **30** crèches for around **1000** children in 14 economically impoverished colonies, located in urban and rural areas of Delhi.

Programme Objectives	<ul style="list-style-type: none"> ➤ To reduce the burden of working and ailing mothers from poor families. ➤ To provide a secure atmosphere to facilitate overall physical and mental growth of the children. ➤ To ensure that the children are enrolled into a primary school.
Number of Units	30
Children per unit	25-35 children (Total 1073 as on 31 st March 2012)
Timings	9.00 am - 4.00 pm (Some parents take their children home at 1.30 pm.)
Staff	1 trained Crèche Worker (Balsevika) and 1 Helper per unit
Target Group	Children in the age group of 0-6 years whose mothers work and whose family income is less than 12000/- per month.

FACILITIES AT THE CRÈCHES

1. MIDDAY MEALS /AFTERNOON SNACKS
<ul style="list-style-type: none"> • A nutritious mid-day meal and an afternoon snack are served everyday to the children providing 400 to 500 calories and 10 to 12 grams of protein per meal as recommended by doctors. • Different menus for each day according to the seasonal availability of fruits and vegetables. • Special meals and snacks on national and religious festivals.
2. PRE-SCHOOL LEARNING
<ul style="list-style-type: none"> • Crèche units are differentiated age-wise; activities conducted follow an approved lesson plan. • Children are prepared for formal school education; teaching aids, (flash cards, charts and posters, puzzles) and sports/ games materials are available to teach children about the environment, colours, nature and hygiene and stimulate the child's physical, social, cognitive and language development. • Crèche Workers are responsible for ensuring that children are enrolled into government schools once they have reached the eligible age.
3. RECREATIONAL/CULTURAL ACTIVITIES
<ul style="list-style-type: none"> • Playgrounds and play facilities like seesaws, swings and slides, tricycles etc. • Celebration of national and religious festivals and special days like Children's Day; parents are invited to attend and participate. Toys, clothes and other gifts are distributed to the children at Dussehra • Celebration of children's birthdays with special treats for the birthday child; parents are invited to participate. • Children's Week Celebrations from 8th to 14th November 2011, including a colorful procession in the community, drawing and painting competition, quiz, film and puppet shows, fancy dress competition, sports and games. Special meals are served to the children during the week • Community and parent meetings on child-related issues like child care, immunization, hygiene, seasonal diseases and balance diet organized during this period.

4. HEALTH
<ul style="list-style-type: none"> • Periodic health check-ups for all the crèche children by DCCW's doctors. • Dispensing of basic medicines such as multi-vitamins, skin ointments, iron and calcium tablets etc. • De-worming of all children attending our crèches is done twice a year. Parents are encouraged to be present at their child's medical check-up so that they can follow up on the prescribed treatment.
5. PARENT MEETINGS AND WORKSHOPS
<ul style="list-style-type: none"> • Monthly parents' meeting with the Balsevikas to: <ul style="list-style-type: none"> - Keep parents informed about matters concerning their child - Discuss issues like school admissions, vocational training, prevention of diseases, cleanliness and hygiene, the Pulse Polio programme and celebration of festivals etc.

Activities and Events during 2011-2012

Special Diet for Malnourished Children

Initiated in 2010-11, DCCW continues to provide Soya Milk to malnourished children attending the crèches at all its 14 centres. DCCW also provides peanut brittle, or *gud patti* as it is locally known, to the crèche children during the winter season.

School Enrollments

Enrolment figures are a measure of the success of the teaching efforts of the crèche workers. For the year 2011-2012 a total of **305** children were enrolled in government and private schools.

Painting Competition

As directed by ICCW (Indian Council for Child Welfare), a painting competition was conducted in all our 14 crèche centers on 08/11/11 during the Children's Week celebrations. A total of **70** paintings were received from the crèches and the **five** best paintings from each group were sent to ICCW for further screening before the final evaluations were made.

Safe Drinking Water Project

To provide safe drinking water to all crèche children and prevent water-borne diseases among them, DCCW installed Aquaguard water purifiers at all its crèche centers (except at the Palam and Begampur centres as there is no municipal water supply in these areas).

Social Development Programme

Ujjivan, a leading microfinance institution and Non-Banking Financial Company donated several items to various crèche centres such as fridges, air coolers, beds and cots, blankets, toys etc. as part of its Social Development Programme

Renovations/Whitewash

Whitewashing was carried out at Madipur, and Nithari crèche centres with support received from the community. A kitchen garden was started at Trilokpuri II centre and a room was built for the security guard, with support from a donor from Sweden.

Retirement/Resignation

Mrs. Veena Sharma, Balsevika who was associated with DCCW since 1980, retired in August 2011 and Mrs. Durga, a helper, who was with us since 1998 resigned in September 2011.

Staff Training and Welfare

(a) Distribution of Rations to Crèche Helpers/Guards:

DCCW continued to distribute 10 kg of grain and other rations every month to all the crèche helpers and security guards as the honorarium they receive from the government is low. This amount will be increased in the next financial year in keeping with the rising cost of living.

(b) Blankets distribution to all crèche Helpers/Guards

DCCW distributed blankets to all the crèche helpers and guards in winter.

(c) Two-day refresher course for crèche helpers

Crèche helpers attended a refresher course on Nutrition on 08/09/11 and 09/09/11 at our Orthopedic Centre. The workshop was organized by the Ministry of Women and Child Development, Department of Food and Nutrition. The participants were awarded certificates.

Funding for the Crèche Programme for 30 Crèches

The above figures do not include the supervision costs, transportation expenses and the cost of repair and maintenance of the centres, which amounted to approximately **Rs. 14 Lacs** during the period 2011-12. These expenses were met from DCCW funds.

Expenditure Head	Grant-in-aid from ICCW for 30 Crèches	DCCW contribution as per Scheme (10%)	Extra Contribution by DCCW (during 2011-2012)	Total Expenditure on the Programme in 2011 - 2012
Honorarium	Rs. 7,20,000/-	NIL	Rs. 6,56,741/-	13,76,741/-
Supplementary Nutrition	Rs. 4,38,120/-	Rs.48,600/-	Rs. 4,62,591/-	9,49,311/-
Medicine & Contingency	Rs. 1,13,400/-	Rs. 12,600/-	Rs. 2,27,070/-	3,53,070/-
Total	Rs. 12,71,520/-	Rs. 61,200/-	Rs. 13,46,402/-	26,79,122/-

ORTHOPAEDIC CENTRE

The Orthopaedic Centre was set up in 1991 in Janakpuri, West Delhi after several years of running a Mobile Orthopaedic Programme. The mobile programme was started in response to a survey that revealed that a large number of children suffered from polio and lay crippled at home, unable to attend school and too poor to get medical attention. DCCW's Mobile Orthopaedic Programme brought the necessary medical services to children's doorsteps, free of cost, to help them get back on their feet. However, to reach out to larger numbers efficiently and to provide total rehabilitation to physically disabled children, a centralized facility became necessary. Hence, the establishment of the Orthopaedic Centre which was made possible with financial support from Danida (Denmark), International Adoption (Italy) and Misereor (Germany).

Every year around 15000 children avail of our services at the Orthopaedic Centre. No longer neglected or dependent, more confident and self-reliant now that their treatment is over, many of these children have gone on to attend school, undergo vocational training to learn a skill to become economically independent and have even become entrepreneurs.

SERVICES/PROGRAMMES AT THE ORTHOPAEDIC CENTRE

1.	Assessment of children in Surgeon's OPDs held twice a week
2.	Corrective Surgery: approximately 40 - 45 surgeries held every month
3.	Wards for Pre- and Post-operative care: separate wards for girls and boys accommodating 20 beds each; Resident Medical Officers (RMOs), nurses and trained caregivers provide 24 – hour medical supervision of the children in the wards
4.	In-house Orthotics/Prosthetics Workshop to manufacture aids and appliances, splints, braces, shoes, crutches and walkers for patients
5.	Physiotherapy and Occupational Therapy for children attending the OPD, in the wards and Bal Chetna
6.	<p>Vocational Training Programme</p> <ul style="list-style-type: none"> ➤ Courses offered <ul style="list-style-type: none"> ● Cutting and Tailoring ● Embroidery ● Beauty Culture for girls ● Computer Training ● Graphic Design ➤ Summer Courses such as catering, block printing etc ➤ Nutrition: Midday meals are provided to the VTP girls; those who are particularly malnourished or anaemic are placed on a special diet as prescribed by the Doctors. ➤ Counseling and Guidance on matters such as sex education, career counseling, health and hygiene, marriage, grooming etc
7.	Outreach Programme with camps within and outside Delhi
8.	Supply of Equipment and Staff Training at Outreach Physiotherapy Centres
9.	Book and Toy Library for children
10.	Loaning of Equipment to facilitate continuity in exercise / positioning regimens e.g. corner chairs, walkers, weight cuffs, Ankle Foot Orthosis (AFO) etc.
11.	<p>Bal Chetna for Children with Special Needs:</p> <ul style="list-style-type: none"> ● Residential care for abandoned special needs children - approximately 25 ● Day Care Centre for special needs children from poor families approximately 28

	<p>➤ Facilities provided</p> <ul style="list-style-type: none"> - Speech Therapy - Special Education - Physiotherapy and Occupational Therapy - Vocational Training - Music and Dance
12.	Recreational and Educational Tours, Outings and Picnics for VTP and Bal Chetna children; celebration of festivals – national and religious
13.	Yoga
14.	Self – Defence Courses for girls
15.	Counseling for parents on subjects such as nutrition, sex education, follow-up therapy, income-generating activities for children, etc.
16.	Prizes and incentives to encourage compliance, regular attendance and proper follow-up among children and their parents
17.	Referral Services

Since our goal is to rehabilitate the children, the emphasis at the Orthopaedic Centre is on collaborative team effort. Trainees from various institutions such as DIRD (Delhi Institute of Rural Development), Amar Jyoti Institute of Physiotherapy, Jamia Hamdard apprentice here under the supervision of our Physiotherapists. **In 2011 – 2012, DCCW received a total of 32 trainees at the Orthopaedic Centre from these organizations.**

Surgeons' OPD

The Surgeons' OPDs are held every Monday and Wednesday. A team of specialists comprising the Physiotherapist, Orthotist and Social Worker help the Surgeons during the check-up of the patients. These children typically suffer from polio, cerebral palsy, mental retardation, spinal problems and belong to families with a monthly income of Rs 8000/- or less. A total **4873** patients reported in the Surgeons' OPDs during 2011- 2012

Month	New Cases	Old Cases	Total Patients	Paediatric OPD
April	67	186	253	176
May	84	187	271	153
June	88	209	297	152
July	84	204	288	162
August	58	155	213	153
September	73	152	225	152
October	57	138	195	116
November	66	199	265	208
December	46	148	194	157
January	35	139	174	193
February	58	145	203	184
March	77	186	263	226
Total	793	2048	2841	2032

Summary				
Male	505	1300	1805	1182
Female	288	748	1036	850
Total	793	2048	2841	2032

Surgery

The surgeries are performed in the Surgeons' own clinics. Approximately 40-45 surgeries ranging from Specialized, Major, Minor and Routine were performed every month in 2011 -2012. The children stay in the wards during pre- and post operative care and are under 24 - hour medical supervision of our RMO and Staff Nurses. They are also given physiotherapy and yoga classes if advised by the Surgeons, as well as simple lessons in sewing and embroidery. Books, puzzles and TV have also been provided in the wards to entertain the children as they recuperate.

About 40% of the patients come through the Assessment Camps organized in the rural areas and urban slums by DCCW's team.

Month	Ward		Operations/Surgeries			
	Admission	Discharge	Specialized	Major	Minor	Total
April	34	30	05	32	06	43
May	44	42	03	34	06	43
June	41	37	05	28	12	45
July	50	47	05	31	13	49
August	34	36	05	25	13	43
September	41	37	02	27	07	36
October	40	36	04	26	04	34
November	41	39	07	29	03	39
December	40	42	03	32	08	43
January	24	21	05	19	10	34
February	30	32	04	17	11	32
March	51	50	03	25	07	35
Total	470	449	51	325	100	476
Summary						
Male	295	280	29	215	65	310
Female	175	169	22	110	35	166
Total	470	449	51	325	100	476

A total of **476** surgeries were performed during 2011-2012 by DCCW's panel of surgeons. These included children from within and outside Delhi.

Patients from Delhi/NCR	209
Patients from outside Delhi	267

In addition, DCCW has tied up with the St. Stephen's Hospital, Civil Lines and Jaipur Golden Hospital, Rohini for surgeries and follow-up treatment of underprivileged children. A total of **10** surgeries were performed at these hospitals as follows:

St Stephen's Hospital	05
Jaipur Golden Hospital	05

Physiotherapy

Physiotherapy is administered to children who come in daily into the Physiotherapy OPD as well as children in the wards. Approximately **30-35** patients suffering from problems such as cerebral palsy and post-polio paralysis report for physiotherapy

every day. Recently the physiotherapy department started Yoga classes for the parents of children attending the Physiotherapy OPD. The children of this department were also being taken for picnics along with the other children of the centre. Children coming for physiotherapy also take part in games and quiz contests organized at the Centre.

A total of **6709** patients came for physiotherapy in 2010 – 2011 as follows:

Patients reported from Delhi/NCR	-	4025
Patients from outside Delhi	-	2684
Total patients	-	6709

Assessments and Counseling by the Clinical Psychologist

The Clinical Psychologist visits the centre every Saturday. He counsels parents of physically challenged children in the Physiotherapy OPD and in the wards on the importance of follow-up regimens. He also conducts assessments of mentally challenged children. Counseling sessions were organized by the Physiotherapy Department for the physically challenged children (and their parents) attending the OPD and in the wards. During these sessions, the parents were educated about the importance of exercise, balanced diet, hygiene and communicable diseases and were guided on how to avail of Government schemes for disabled children with disabilities. During the last year, total of 106 children attended these sessions with their parents.

Special Education and Speech Therapy

Sessions of speech therapy and special education were conducted for children in the OPD and in the wards. The Speech Therapist assessed all the OPD patients for speech related problem such as misarticulating (unclear speech), stuttering, and delayed speech and language with hearing impairment and with normal hearing. Autistic children, and children suffering from neurological disorders were also assessed by the Speech Therapist. Parents were counseled for home management of their wards. The Speech Therapist referred the patients to Ali Yavar Jung National Institute, Lajpat Nagar, Delhi for hearing assessment and issue of Disability Certificates, where necessary.

Month Physiotherapy Sessions									
					Clinical Psychologist	Special Educator	Speech Therapy	X- Ray	
	Ward	Voc.Trg	OPD	Total					
April	429	109	550	1088	67	22	00	05	
May	498	107	541	1146	49	18	03	12	
June	350	84	534	968	44	15	27	0	
July	367	98	555	1020	47	12	22	1	
August	277	100	458	835	27	14	18	1	
Septembr	385	96	524	1005	24	20	19	5	
October	200	98	317	615	24	16	21	4	
November	268	106	489	863	34	22	24	7	
December	302	108	518	928	28	18	17	6	
January	222	101	462	785	19	17	23	7	
February	237	100	533	870	30	11	19	9	
March	361	110	611	1082	35	08	33	3	
Total	3896	1217	6092	11205	428	193	226	60	
Summary									
	Male:				7602	252	115	124	36
	Female:				3603	176	78	102	24

Vocational Training Programme for underprivileged and physically challenged children

The Vocational Training Programme teaches income-generating skills to underprivileged and disabled children. The programme not only helps the children become economically independent but also develops their personality and confidence. The courses offered have been designed keeping in mind the disability of the children and products which can be sold easily within the community. Doctors regularly monitor the health of the VTP children at the Orthopaedic Centre.

The following courses were offered at the Orthopaedic Centre in 2011-2012:

Courses	Total Enrolled	Normal	Physically / Mentally Challenged
Sewing	40	35	05
Embroidery	22	21	01
Beauty Culture	55	50	05
Computer	10	10	-
Total	127	116	11

Many of our vocational trainees have set up their own enterprises, taking orders for embroidery on dresses, delivering beauty therapy services, setting up their own cutting salons, and doing block printing work at home, earning a monthly income of Rs. 6000 to Rs.10000. Some trainees have got jobs in export houses, production houses, and reputed beauty parlours at a fixed monthly income, sufficient to support themselves.

It is difficult to obtain accurate data about placements as the trainees generally do not keep in touch once their course is completed. During the last 3 years, on the information, we have received, a total of **25** children of Beauty Culture have been placed in reputed beauty parlours/cutting salons and **18** children of Cutting and Tailoring and Embroidery courses got jobs in export houses/boutiques. Many of the others are running their own boutiques/parlours in their homes and supplementing their family income. From the batch of 2011-2012, a total of **8** girls of Beauty Culture are working in parlours while **5** girls from the Cutting/ Tailoring and Embroidery class are employed in boutiques.

Other activities conducted during 2011-2012 at the Orthopaedic Centre in the VTP Department

- On 4th April 2011, VTP children and their teachers visited India Gate and the Children's Park for a picnic. Snacks and sweets were served to all trainees.
- On 19th April, 2011, a medical check-up was done by DCCW's doctors Dr. Kavita Sharma and Dr. Lovely Agarwal. Several girls were diagnosed with problems like malnourishment, calcium deficiency, anemia, weakness and skin infections. Free medicines were provided to the girls, and those needing blood tests were taken to Sant Parmananda Hospital in Civil Lines. These blood tests were conducted free of cost as they were sponsored by Friends of Sant Parmananda Hospital Welfare Association.
- A Workshop on Food Presentation and Low Cost Nutrition Recipes was held on 13th April, 2011 for VTP trainees by the Department of Food and Nutrition, Government of India, New Delhi.
- Classes on motivation, positive thinking, hygiene, civic sense and socialization were organized once a week for the whole year by one of our regular volunteers, Mrs. Neena Puri and our Project Officer. The children enjoyed the informative and interactive sessions very much.
- Every Saturday, all the VTP trainees are encouraged to participate in an entertainment and cultural programme like singing songs, dancing and playing games to help them shed their inhibitions and shyness and build up their confidence.
- On 2nd and 4th May, 2011, a total of 15 children of VTP and Physiotherapy Departments were taken for a film show organized by the Families of Disabled (an NGO) at Teen Murti House, New Delhi. Two movies *Guzareesh* and *Ikbal* were shown to the children. Tea and snacks were served to all after the show.
- An Eye Camp was organized by Mahavir International, Delhi (an NGO) with the assistance of the Rotary Club of Delhi (Safdarjung) on 18th June, 2011 at the Orthopaedic Centre. A total of **260** children and their parents were examined by a team of 10 doctors and support staff. Free medicines and spectacles were given to those who needed them.
- Girls in the Beauty Culture course participated in *Mehendi* and *Rangoli* competitions at the Orthopaedic Centre on 30th August, 2011. Prizes and certificates were given to the winners.

- A cultural programme was organized on Independence Day (15.8.2011). Trainees from the Vocational Training Programme performed a dance along with the children of Bal Chetna.
- A Workshop on Sex Education was organized for all the girls of the Vocational Training Programme on 3rd September, 2011 by Dr. Rekha Mehra. Cold drinks, snacks and gifts were served to the children after the Workshop.
- All VTP trainees participated in the *Diwali Mela* organized on 21st October, 2011 at the Orthopaedic Centre. The children made beautiful candles, *diyas* and other attractive decorative items for sale and earned some money as well. There was music and dancing, delicious food to eat, fun rides and games for the entertainment of the children. The fair was sponsored by Mr. Ali Ashraf and Dr. C.M. Bhagat.
- For the trainees of the Vocational Training Programme, a self-defence course was organized from 2nd to 18th November, 2011 by the Special Branch of Delhi Police, Nanak Pura, New Delhi.
- The Anganwadi Instructors conducted a session on 'Life Skills Education' on 9th November, 2011 for all the girls of the Vocational Training Programme. It was an interactive session done through group activities and discussions
- One of our vocational trainees, Master Varun (a slow learner), has been admitted to a regular school. He goes to school in the morning and is doing well there. Varun attends the sewing classes in the afternoon. His conveyance is sponsored.
- A six-day Creative Workshop on Macramé and *Rangoli* was organized for VTP Trainees from 13th to 18th March, 2012 by CCRT (Centre for Cultural Resource and Training), Dwarka, New Delhi
- The AWTC II conducted a workshop for one day on Sex Education, Health and Hygiene for VTP trainees on 21st March, 2012.
- A one-day session on 'Reproductive Health, Nutrition, Food And Hygiene' was held by the trainees of the Family Planning Association of India on 27th March, 2012.
- A picnic for the VTP trainees (90 girls) was organized on 30th March, 2012 at 'Splash', – a Water Park, G.T. Karnal Road, New Delhi. Snacks, refreshments and lunch were provided to the children. This picnic was sponsored by Mr. Ali Ashraf.
- A special course on make-up including bridal make-up was conducted by Make Up Studio, Nehru Place, New Delhi for staff members of the Beauty Culture course from 5th January to 31st March, 2012.

Orthotics / Prosthetics Workshop

The Workshop in the Orthopaedic Centre, set up in November 1988, manufactures mobility aids / appliances for children who come to the Centre and children from the camps.

Workshop Monthly Break Down Of Mobility Aids / Appliances - 2011 – 2012

MONTH	CALLIPER		SPLINT		SPLINT PVC		SURG. SHOES		CRUTCHES		WALKAR		TOTAL		GRAND TOTAL	REPAIRS	WHEEL CHAIRS
	OLD	NEW	OLD	NEW	OLD	NEW	OLD	NEW	OLD	NEW	OLD	NEW	OLD	NEW			
APR	10	26	02	12	04	16	15	34	01	02	02	04	34	94	128	38	01
MAY	08	11	14	26	04	26	16	6	04	00	00	07	46	76	122	47	00
JUN	18	23	07	15	10	22	20	25	02	05	05	07	62	97	159	32	01
JUL	11	20	06	9	14	14	14	18	02	02	02	07	49	70	119	42	02
AUG	09	14	11	21	11	19	15	16	00	00	01	04	47	74	121	39	00
SE5P	14	18	11	23	05	17	10	14	00	00	02	09	42	81	123	33	00
OCT	28	22	07	22	04	19	08	19	01	01	01	09	49	92	141	45	00
NOV	09	32	00	28	03	27	06	33	00	03	02	10	20	133	153	29	00
DEC	12	43	04	17	02	25	15	39	00	04	00	09	33	137	170	40	01
JAN	03	12	15	16	11	27	12	25	00	01	03	05	44	86	130	43	01
FEB	11	16	05	17	05	15	08	20	00	00	01	06	30	74	104	23	00
MAR	07	12	07	16	05	17	02	10	00	00	00	05	21	60	81	22	02
TOTAL	140	249	89	222	78	244	141	259	10	18	19	82	477	1074	1551	433	08

- On 4th May, 2011 and 7th March, 2012, a team of fifteen students and faculty members from the University of Michigan, USA visited the Orthopaedic Centre and worked with our Orthotist in the Workshop on a new design for calipers and a knee joint prototype. After a series of meetings with the Surgeons, our Workshop team introduced the newly designed calipers. Now, instead of AFOs with leather shoes, AFOs (PVC) with a hinge joint or AFOs (PVC) with fixed joint are being used for better donning and doffing.

Outreach Programme

The aim of this programme is to reach out to polio affected children and children with other orthopaedic problems, belonging to underprivileged families who live in rural areas with little access to medical and rehabilitation services. The programme entails holding camps in rural areas and small towns in the neighboring states of Uttar Pradesh, Haryana and Rajasthan and also in urban slums in Delhi, in collaboration with local NGOs based in these areas. Children requiring surgery are given a date to come to the Orthopaedic Centre for surgery and follow-up treatment.

Camps

A total of **408** children were assessed in camps within and outside Delhi in 2011-2012.

- | | | | |
|----|---|----------|------------------------------------|
| 1. | 18.09.2011 – An Assessment Camp was held at Aurangabad (Bulandshahar, UP) in association with a local organizer Choudhary Fateh Singh Foundation. | | |
| | BENEFICIARIES | : | 50 (Male = 34, Female =16) |
| 2. | 23.10.2011 - An Assessment Camp was held at Aligarh (UP) with the assistance of Mr Suneheri Lal Yadav) | | |
| | BENEFICIARIES | : | 46 (Male = 33, Female =13) |
| 3. | 20.11.2011 - A camp was held at Old Seemapuri, Delhi. | | |
| | BENEFICIARIES | : | 62 (Male = 40, Female = 22) |
| 4. | 27.11.2011 – An Assessment camp was held at Deeg (Rajasthan) with the assistance of SARD (Society for All-Round Development). | | |
| | BENEFICIARIES | : | 33 (Male = 25, Female = 08) |
| 5. | 18.12.2011 – An Assessment camp was held at Moradabad (UP) in association with the Narayan Sewa Samiti (Local Organization) | | |
| | BENEFICIARIES | : | 51 (Male = 35, Female =16) |
| 6. | 19.02.2012 – An Assessment camp was held at Budana, (UP) in association with Dr. Yasin Rana, of the Saya Janhit Society, Budhana. | | |
| | BENEFICIARIES | : | 139 (Male = 85, Female= 54) |
| 7. | 11.03.2012 – A Fitment and follow-up physiotherapy camp was organized at Moradabad (UP) in association with Narayan Sewa Samiti, Moradabad, (UP) | | |
| | BENEFICIARIES | : | 27 (Male =19, Female = 08) |

Physiotherapy centres:

In order that children living in rural areas may continue with their physiotherapy, DCCW has set up the following Physiotherapy Centres in collaboration with local NGOs:

- Jahangirabad, Bulandshahar, Uttar Pradesh
(Chaudhary Fateh Singh Foundation)
- Ladwa, Kurukshetra, Haryana
(The Charitable Trust of the Sanatan Dharam Mandir)
- Deeg, Bharatpur, Rajasthan
(Institute of Rural Research and Development)

The rehabilitation specialists manning the centres are trained at DCCW's Orthopaedic Centre.

Summary/Number of Beneficiaries 2011-12

Services	Number of Beneficiaries
No. of Patients assessed in Surgeon's OPD	2841
No. of Patients assessed in Pediatric OPD	2032
No. of Children operated	476
No. of Spl. Surgeries / Fixators	51
No. of Physiotherapy sessions	11205
No. of Aids / Appliances delivered	1551
No. of Aids / Appliances repaired	433
No. of Children undergoing Vocational Training	127
No. of X-rays	60
No. Spl. Education sessions	193
No. Speech Therapy sessions	226
No. of Clinical Psychologist sessions	428
No. of Field Visits	50
No. of Camps in and outside Delhi	07
No. of Children assessed in camps	408
Total	20008

BAL CHETNA RESPITE HOME

Bal Chetna Respite Home for mentally challenged children is a residential and day care facility that was established at the Orthopaedic Centre in 2002. The residential programme was set up to care for the growing number of mentally challenged children abandoned in Palna. The day care programme was started in the hope that if parents are supported in the care and development of their child they will be less inclined to abandon it. The programme has been heartwarming and our children have progressed remarkably well with the therapy, nutrition and general medical care they have been getting.

The focus is on improving the children's communication skills, training them in basic life skills and in vocational training. The children are being taught, to the extent possible, to communicate their name, address, and telephone number, to learn a skill that will make them help in household chores, or generate an income. Progress reports of all children are maintained to facilitate regular monitoring and evaluation.

The Bal Chetna programme at the Orthopaedic Centre is designed to bring happiness and laughter into the lives of these children. There is music and dancing through the week and the calendar is dotted with events and festivals where the children dance, act and dress up in fancy dress. There are outings to amusement parks and picnics in public gardens to give the children a chance to get out and explore their environment.

Disabilities of the children attending the Centre:

- Cerebral Palsy
- Autism Spectrum Disorder
- Rickets
- Mental Retardation
- Down Syndrome
- Paraplegia
- Attention Deficit and Hyperactivity Disorder
- Delay in speech and language
- Hearing Impairment

- Spina Bifida
- Bardet- Beidl Syndrome
- Learning Disability
- Delayed Milestones/Multiple Disabilities
- Muscular Dystrophy

Bal Chetna at the Orthopaedic Centre as on 31/03/2012

Programme	No. of Children
Respite Home (Residential Care)	25
Day Care	28
Total	53

Given the high quality of inputs into this programme – medical, paramedical, nutrition and residential – the costs of running it have become prohibitive. The shortage of funds that DCCW has endured over the last three years has forced us to cut back on the work we do. It is thus with deep regret that, due to financial constraints, DCCW has decided to close down its Bal Chetna residential programme. The children are being gradually transferred to other homes with the sanction of the Child Welfare Committee, after verifying that the institutions are reputed and that our children will be well looked after.

The day care programme however, is continuing as before with the multi-specialty team of Paediatrician, Psychologist, Physiotherapist, Occupational Therapist, Special Educators, speech therapist and music and yoga teachers constantly upgrading the programme and implementing new techniques to suit the needs of individual children.

Services in Bal Chetna at the Orthopaedic Centre:

Physiotherapy and Occupational Therapy	<ul style="list-style-type: none"> • The children are given group and individual therapy sessions according to a timetable taking into account their particular needs. The sessions last for 20 – 30 minutes sessions and are given daily or several times a week depending on the child's need.
Speech Therapy	<ul style="list-style-type: none"> • Individual and group sessions of 20-30 minutes each. • Older children for whom speech therapy is not possible are taught to communicate through gestures.
Special Education	<ul style="list-style-type: none"> • Special education is provided in group and individual sessions • Activities include matching, drawing, coloring, stringing beads etc • Special ADL kits have been designed to assist in the learning process. • Integration into normal schools is done wherever possible
Vocational Training	<ul style="list-style-type: none"> • Vocational training is provided to help the children generate an income. They are taught how to make <i>rakhis</i>, envelopes, powdered colours, friendship bands, flower garlands etc. • The parents are guided on how to source raw materials for the products and how to market them
Medical Check-ups	<ul style="list-style-type: none"> • Children are examined daily by the RMO and given basic medication and treatment where required. • Special needs children requiring tests such as hearing tests, blood tests are assisted in getting them done. • The children's weight and growth is monitored.
Recreational and Cultural Activities Music and Play Therapy Dance and Theatre	<ul style="list-style-type: none"> • Outdoor activities such as swings, tricycles etc. • Toys - rattles, squeaky toys and squeeze toys, musical instruments etc. • Music and Dancing • Celebration of festivals – national and religious - with music, dance and skits; every child is given a gift at Independence Day, on Diwali and Christmas.

Picnics and Outings	<ul style="list-style-type: none"> • Children's Week and World Disabled Day are celebrated with special activities and meals. • Bal Chetna Day is celebrated with an outing for the children. • Children's birthdays are celebrated with cakes and treats for the children and their parents.
Nutrition and Special Dietary Supplements	<ul style="list-style-type: none"> • Nutritious, balanced midday meals and healthy morning and afternoon snacks are provided to all children. The doctors approve the menus. • Children suffering from malnutrition and low weight are given dietary supplements such as eggs, milk, soya bean, fruits, protein additives etc.
Dream Garden and Sensory Room	<ul style="list-style-type: none"> • A "Dream Garden" with a make-believe zoo, milk booth, traffic signal, bus-stop and a fruit and vegetable vending booth has been created to teach the children about life in the city. • A Sensory Room constructed in the Dream Garden in 2011- 2012 to stimulate the mentally challenged children and promote their development and emotional well being
Monthly Parent-Teacher Meetings	<p>The issues taken up at parent –teacher meetings include:</p> <ul style="list-style-type: none"> • Progress of the Child • Behavioral Problems • Diet, Hygiene, Health and Prevention of Disease • Home Therapy • Correct Use and Maintenance of Aids / Appliances • Admission into other Facilities • Obtaining Disability Certificates
Parent's Awareness Workshop	<ul style="list-style-type: none"> • Awareness programmes for parents are conducted at intervals throughout the year on issues such as self-care, health and hygiene, adolescent sexual health etc. • The sessions are conducted by the Doctors and the Counselor; Executive Committee members attend whenever possible.
Counseling / Home Visits	<ul style="list-style-type: none"> • Counseling for parents and children is done by the Clinical Psychologist. • Home visits are done every week by the specialists and staff to learn about the child's home environment and also to follow up on the child in case of long absences from the centre.
Integration into Normal / Special School	<ul style="list-style-type: none"> • Children who are physically challenged but are capable of going to school or to special institutions such as for the hearing impaired, are helped in getting admission. • Children, who get admission into regular schools, may attend the centre before or after school hours for help in academics and also for continuation of their therapies.
Disability Certificates	<ul style="list-style-type: none"> • Children are given full support and help in procuring Disability Certificates issued by the government authorities to avail of benefits like admission into special schools, fee waivers etc.

Last year a total of **10** children of Bal Chetna (Orthopaedic Centre).were integrated into mainstream schools and institutes for advanced courses, formal education and vocational training bringing the total number of children integrated since 2002 to **70** children. The parents of these children remain in touch with us if they need help. Our staff and the parents visit the schools to discuss the progress of the children. The children and their parents are also invited back to the centre for counseling and other programmes organized for the welfare of children

Bal Chetna-Orthopaedic Centre 2011-2012

MONTHS		PHYSIOTHERAPY		SPECIAL EDUCATION		SPEECH THERAPY	
April	Residential	616	889	812	1229	00	00
	Day Care	273		417		00	
May	Residential	644	912	799	1148	10	20
	Day Care	268		349		10	
June	Residential	448	618	812	1132	125	223
	Day Care	170		320		98	
July	Residential	700	945	868	1267	150	315
	Day Care	245		399		165	
August	Residential	644	923	840	1185	170	368
	Day Care	279		345		198	
September	Residential	637	944	838	1158	165	351
	Day Care	307		320		186	
October	Residential	540	750	868	1082	178	371
	Day Care	210		214		193	
November	Residential	621	903	840	1139	129	242
	Day Care	282		299		113	
December	Residential	513	736	838	1115	137	259
	Day Care	223		277		122	
January	Residential	468	665	868	1132	153	294
	Day Care	197		264		141	
February	Residential	598	883	820	1118	181	350
	Day Care	285		298		169	
March	Residential	575	930	840	1261	177	348
	Day Care	355		421		171	
	Total		10098		13966		3141

Events of April 2011- March 2012 in the Bal Chetna at Orthopaedic Centre

- On 13th April, 2011, a Workshop was conducted by officials of the Department of Food and Nutrition, Government of India for the parents and children of Bal Chetna. The topic was, 'Food Preparation and Proper Diet and Nutrition for Children'.
- In April 2011, our children, parents and support staff of Bal Chetna went for a picnic to Children's Park, India Gate. Snacks and sweets were served to all participants.
- An Eye Check up Camp was organized on 18th June, 2011 at the Orthopaedic Centre. All the children of Bal Chetna were checked by a team of doctors.
- Between 13th to 18th June, 2011, the Department of Food and Nutrition, Government of India conducted a Workshop for the parents and children of Bal Chetna. The staff of AWTC-II was also involved in this programme. The topics were – 'Basic Health and Hygiene' and the 'Importance of Good Nutrition for Mothers and Children'.
- The children were on their summer break from 30th May to 12th June, 2011.
- On 12th August, 2011, Independence Day was celebrated in Bal Chetna with a group dance, a fancy dress show, a poem competition and dancing to a DJ's music. Donors were also invited and sweets, a special lunch and gifts were given to all the children.

- On 19th August, 2011, *Janmasthmi* Festival was celebrated. A small play was performed by our Bal Chetna children on the life of Lord Krishna. Sweets and a special lunch were served to all the children.
- On 5th September, 2011, Bal Chetna celebrated Teachers' Day. Children played the role of teachers and there was music and dance in the afternoon.
- A *Diwali Mela* was organized on 21st October, 2011. There were stalls selling different products made by our physically and mentally challenged children. Joy rides, games and a DJ were arranged for the children. Children from other Bal Chetna Outreach centres also came for this *mela*. Snacks, lunch and cold drinks were served to around 600 children, staff and parents. It was a wonderful day for our Bal Chetna children.
- On 25th October, 2011, our children celebrated *Diwali* at the Centre, which had been decorated with lights and flowers. A special lunch and sweets were served to the children.
- Children celebrated Bal Chetna Day on 9th November, 2011 with music and dance.
- The Bal Chetna children were on their winter break from 26th December 2011 to 8th January 2012.
- During January, 2012, two new rooms were added to accommodate more children in Bal Chetna and make the facilities more spacious.
- A Sensory Room has been built for our Bal Chetna children at the Orthopaedic Centre to provide stimulation.
- Some students of Sharda University organized a dance and aerobics competition for the Bal Chetna children on 3rd March, 2012. Prizes were awarded to the winners. A cartoon film was also screened for the children, which they enjoyed very much.
- *Holi* was celebrated by the children with great excitement on 7th March, 2012. The children played with colours along with the students of the University of Michigan, USA who were visiting the Centre that day.
- On 15th March, 2012, the children of Bal Chetna from the Orthopaedic Centre, Nithari and Sultanpuri centres went for a picnic to Adventure Island and Metro Walk, Rohini. Around **95** children went for the picnic, along with parents and staff members.
- From 26th to 28th March, 2012, a counseling session was organized by Ms Uzma Qamar (Counselor) for all the Special Educators at the Orthopaedic Centre. The topic was – 'The Importance of Vocational Training for Special Needs Children'.
- The last week of every month was reserved as usual for birthday celebrations of Bal Chetna children. Donors and parents of the children were invited to participate in the festivities. Cakes and biscuits were distributed to all the children.
- Three children of Bal Chetna (Residential) have been enrolled in public schools in Dwarka and Vikas Puri, New Delhi. They are learning basic English, Mathematics and Hindi etc along with the other children.
- On the basis of comprehensive assessments of the children, a new time-table has been designed for the Bal Chetna children from March 2012 onwards, where more emphasis is being given to vocational training, dance and music.

BAL CHETNA OUTREACH PROGRAMME – DAY CARE CENTRES

The Bal Chetna Day Care programme for the rehabilitation of physically and mentally challenged children runs in three outreach centers at the following locations.

Location of the centres and number of children enrolled as on March 2012

Centre , Location	No. of children enrolled	Physically Challenged	Mentally Challenged
Sultanpuri, West Delhi	30	19	11
Nithari, Northwest Delhi	45	18	27
New Seemapuri, East Delhi	42	29	13

Timings at day care centres: 9.00 AM- 4.00 PM, six days a week.

Services Offered

The multi-specialty teams comprise Physiotherapists, Occupational Therapists, Speech Therapists and Special Educators who teach vocational training as well. Together, they work for the holistic development of every child at the centre. The services offered include:

- Physiotherapy
- Occupational Therapy

- Speech Therapy
- Special Education
- Dance and Music Therapy
- Midday Meals and Snacks
- Group play to encourage participation, sharing, caring, and discipline.
- Supplementary Nutrition for malnourished children - soya bean, fruits, milk, eggs etc.
- Monthly Health check-ups and basic medicines - vitamins, skin ointments, de-worming medicines etc.
- Children requiring orthopaedic treatment are taken to the Orthopaedic Centre
- Recreational Activities and Outings: Picnics are arranged for children, so that they can explore new places and enjoy a change of routine
- Birthday Celebrations – Birthdays are celebrated with great enthusiasm at all the centres, with cake, sweets and wafers and lots of dancing, singing etc. Parents are invited to join in.
- Parent Meetings and Workshops
- Home Visits on a weekly basis
- Counseling

Parents' Awareness Programme

The awareness programmes for parents are conducted 4 times a year, i.e, in every quarter.

Date	Topics	Center	Attended By	Speaker /Organiser/ Resource Persons
23 June 11	Causes of disability	Sultanpuri	Parents	Dr. Kavita Sharma, Ms. Krutika Sehgal
25 June 11	Nutrition	New Seemapuri	Parents	Dr. Lovely Agarwal, Ms. Krutika, Ms. H. Talwani
25 July 11	Personal hygiene	Sultanpuri	Parents and children	Dr. Kavita Sharma, Ms. Krutika Sehgal and staff members
27 Sept.11	Awareness and intervention on disability	Sultanpuri	Parents	Mrs. U. Shukla, Ms. Krutika Sehgal, Dr. Kavita Sharma
28 Sept 11	Awareness and intervention on disability	New Seemapuri	Parents	Mrs. U. Shukla, Ms. Krutika Sehgal, Dr. Kavita Sharma
30 Sept.11	Awareness and intervention on disability	Nithari	Parents	Mrs. U. Shukla, Ms. Krutika Sehgal, Dr. Kavita Sharma
16 Dec. 11	Child abuse and negligence	Nithari	Parents	Ms. Krutika Sehgal, Dr. Kavita Sharma
17 Dec. 11	Child abuse and negligence	New Seemapuri	Parents	Ms. Krutika Sehgal, Dr. Lovely Agarwal
24 March 12	Social responsibility for children with disabilities	New Seemapuri and staff	Parents	Dr. Sumita Roy (AIIMS), for children Ms. Uzma Qamar
30 March 12	Social responsibility for children with disabilities	Sultanpuri and Nithari	Parents and Staff	Dr. Sumita Roy (AIIMS) Ms. Uzma Qamar



DIWALI MELA AT THE ORTHOPAEDIC CENTRE ON OCTOBER 21, 2011



EDUCATIONAL SPONSORSHIP DAY CELEBRATIONS ON NOVEMBER 12, 2011 AT THE HEAD OFFICE



PALNA DAY CELEBRATIONS ON NOVEMBER 19, 2011 IN THE PALNA GROUNDS



FANCY DRESS SHOW AT A CRECHE CENTRE DURING CHILDREN'S WEEK –NOVEMBER 7 TO 14, 2011



BRAVERY AWARD WINNERS AT DCCW'S FELICITATION FUNCTION ON JANUARY 21, 2012 AT THE HEAD OFFICE



CONSULTING PEDIATRICIAN, DR. VERONICA SHAH, MAKING HER PRESENTATION AT THE PALNA FUNDRAISER ON FEBRUARY 18, 2012 IN THE HEAD OFFICE



ANNUAL VALEDICTORY FUNCTION OF THE VOCATIONAL TRAINING PROGRAMME ON MARCH 16, 2012 AT THE HEAD OFFICE



A FOOD AND NUTRITION AWARENESS SESSION AT A VOCATIONAL TRAINING CENTRE



A SUPERVISED HOMEWORK SCHEME CLASS IN PROGRESS



MIDDAY MEAL AT A CRECHE CENTRE



VALEDICTORY FUNCTION AT AN ANGANWADI WORKERS' TRAINING CENTRE



HANDS-ON WORKSHOP ON THERAPEUTIC ASSESSMENT OF CHILDREN WITH MULTIPLE DISABILITIES AT A BAL CHETNA OUTREACH DAYCARE CENTRE



DEMONSTRATION TO PARENTS OF THE PLAY WAY METHOD OF TEACHING AT A BAL CHETNA CENTRE



ARTS AND CRAFTS AT A BAL CHETNA CENTRE



VOCATIONAL TRAINING AT A BAL CHETNA CENTRE



PHYSIOTHERAPY AT PALNA- BAL CHETNA



PICNIC AT AKSHARDHAM FOR WCP CHILDREN



DR. SANYAL, ORTHOPAEDIC CONSULTANT AND DR. ROHIT, RMO, DCCW, ATTENDING A PATIENT AT THE ORTHOPAEDIC CENTRE



MR. ASHEESH VADERAA, HONY. GENERAL SECRETARY, DCCW WITH MR ASHWINDER SINGH (A SPONSOR) AND SPONSORED CHILDREN



A VOCATIONAL TRAINING CLASS IN CUTTING AND TAILORING



VTP GIRLS PARTICIPATING IN A SELF-DEFENCE-COURSE



VTP GIRLS PARTICIPATING IN A SHORT-TERM COURSE ON FOOD MAKING AND PRESENTATION



DCCW CHILDREN PERFORMING AT THE NATIONAL LEARN TO LIVE TOGETHER (NLT) CAMP ORGANISED BY J&K COUNCIL FOR CHILD WELFARE



DCCW CHILDREN WITH MR. OMAR ABDULLAH (HON'BLE CHIEF MINISTER, J&K), WHILE PARTICIPATING IN THE NATIONAL LEARN TO LIVE TOGETHER (NLT) CAMP

Home visits.

The aim of these home visits is to learn about the child's home environment so that a more holistic approach can be followed in its treatment. They also help the team in reaching out to other children in the locality who need rehabilitation services.

Recreational and Cultural activities

The Bal Chetna children went to the Garden of Five Senses on 09/11/2011 and Adventure Island, Rithala on 15/03/2012. All the festivals were celebrated at the centres with enthusiasm along with the crèche children

Medical check – ups

DCCW doctors visit the centres on a regular basis to do health checks of all the children enrolled in the programme. Basic medicines such as de-worming medication, vitamins and iron tonics were given to the children. Heights and weights of all the children were monitored. Sick children were referred to the nearest government health centre. Children needing orthopaedic treatment were referred to Orthopaedic Centre. Every quarter children with physical disabilities were taken to the Orthopaedic Centre for orthopaedic evaluation.

Centre	Visits to the Orthopaedic Centre
New Seemapuri	9 th May, 2011 23 rd August 2011 12 th September 2011 6 th February 2012
Nithari	19 th March 2012,
Sultanpuri	27 th February 2012

Counselor's visits

The counselor visits every centre at least once a week to monitor the programme's functioning and also to coordinate with the team there. Parents and children were given individual as well as group counseling sessions to help them accept the condition and to adapt accordingly. The Counselor also conducted workshops for parents to educate them and make them aware of the child's mental as well as physical changes during the monthly parent - teacher meetings. The staff performed a skit - *Nukkad Natak* - for parents of the Bal Chetna children under the guidance and supervision of the Counselor to educate them on the importance of time and discipline at the New Seemapuri centre on 22nd March and at the Nithari centre on 24th March

Integration into mainstream / special schools

The children who we think can do better normal schools are helped in getting admission into normal schools. Hearing impaired children are helped in getting admission into special schools.

Even after integration, efforts are made to track and monitor their progress. Children who get admission into evening or afternoon schools, also attend the centre before or after school for help in academics and also for continuation of their therapy.

The following table shows the number of children integrated in special schools in 2011- 2012

Name of Centre	Institute	No of Children Enrolled
New Seemapuri	1. Pramila Bai Chouhan, Mook Badhir Vidhyalya, East Delhi	04
	2. Nagar Nigam School, New Seemapuri	04
	3. Sarvodya Vidhyalya, Dilshad Garden	04
Nithari	4. Nagar Nigam School, Nithari	04
Sultanpuri	5. Deaf and Dumb School, Rohini	03
	6. Nagar Nigam School, Sultanpuri	02
	Total	21

Highlights of the year

- 9 children integrated in Normal and Special schools.
- 29 children have Disability Certificates.
- 4 children are availing of the Disability Pension.
- 3 children got prizes in the National Painting Competition organised by ICCW in November 2011.
- 7 children have started earning from *Bindi* Work at the Nithari Centre
- Two staff members one from Nithari and one from New Seemapuri went to the Indian Spinal Injury Centre for a two - day workshop on 28th and 29th of February 2012

PALNA™

PALNA which was set up in 1978 is DCCW's home for lost and abandoned children who are in need of care and protection. All aspects of a child's growth are attended to at Palna - their physical health and emotional well-being, intellectual growth and development, recreation and leisure. An Adoption Programme completes the rehabilitation process by placing children with families that are carefully selected. DCCW is licensed to do both in-country and inter-country adoptions.

PALNA has 80-100 children on average, under the care and committed services of our staff - doctors, nurses, teachers and caregivers etc. It is they who have made Palna an oasis of calm, security and stability for our children, many of whom have suffered hardship, abuse and emotional trauma.

FACILITIES AND SERVICES AT PALNA

1. MEDICAL CARE
<ul style="list-style-type: none"> • Round-the-clock doctors under overall charge of the Senior Paediatrician • Trained nurses and caregivers • Medical Crisis Unit (MCU) equipped for emergency care with phototherapy units, radiant warmer, infusion syringe pump, pulse oxymetre, oxygen cylinders, nebulizers, X-Ray facilities and ambulance • Well-stocked medicine room • Association with hospitals in the neighbourhood for critical care and laboratory tests, such as St Stephen's Hospital and Sant Parmananda Hospital. • Consultant Eye and Dental Specialists • All required inoculations and vaccinations are given by DCCW doctors or Government Medical Officers
2. RESIDENTIAL CARE
<ul style="list-style-type: none"> ❖ <u>Well laid-out home with separate dormitories and attached bathrooms for:</u> <ul style="list-style-type: none"> - Older Girls - Older Boys - Toddlers - Infants (0 -6 months old) with attached milk room to prepare feeds and sterilize bottles - Infants (6-12 months old) - Mentally Challenged children (Bal Chetna extension) ❖ <u>Additional rooms include:</u> <ul style="list-style-type: none"> - Dining room and Kitchen - Counselor's Office - Doctors' room - Speech Therapy

<ul style="list-style-type: none"> - Storerooms - Changing Room for Staff - Nurses Quarters (in a separate building). <p>❖ Housekeeping</p> <ul style="list-style-type: none"> - Supervisors and Store keepers ensure efficient management and smooth duty rosters - Professional cleaning staff working under Palna supervisors maintain high standards of cleanliness and hygiene - Professional services to remove and dispose of medical waste - Professional security services - Support staff of electrician, plumbers, gardeners etc ensure a comfortable stay in the home
3. NUTRITION
<ul style="list-style-type: none"> • Children are served well-balanced, healthy and delicious meals that includes milk, fruit, chicken fresh juices, soya, and <i>paneer</i> • Special meals are served to the children on festival days and other celebrations • Malnutrition is high among new arrivals; these are placed on a special diet as long as is necessary
4. PRE-SCHOOL LEARNING
<ul style="list-style-type: none"> • Pre-school learning by the Nursery Teacher in separate classrooms for toddlers and older children • Special Education for children with delayed learning milestones and disabilities
5. RECREATIONAL AND CULTURAL ACTIVITIES
<ul style="list-style-type: none"> • Frequent outings for children for recreational and educational purposes • Celebration of festivals – religious and national – with music and dance • Children are encouraged to perform - sing, dance, act - both for their entertainment and also to instill confidence in them • Monthly screening of films for the children • Celebration of birthdays with parties, cake and gifts • Music in the dormitories • Large playgrounds equipped with swings, slides, seesaws, cycles, toy buses and cars etc.

Medical Crisis Unit

Children arrive in Palna mainly through the cradle (infants/toddlers), through the police or by orders of the Child Welfare Committee (CWC). The infants in particular are usually in a fragile medical condition and require emergency care. Palna is equipped to handle a range of medical crises in its MCU (Medical Crisis Unit) which was upgraded in 2010 with support from Bharat Electronics Limited (BEL). The MCU now has additionally, an infusion syringe pump, radiant warmer, and a new phototherapy unit; Palna has also been donated a new X-Ray machine and an ambulance.

The following table shows the number of children that faced typical medical crises in Palna during 2011-2012.

Pneumonia with Septicemia	Urinary Tract Infection (UTI)	Acute Gastroenteritis	Ear Infections (ASOM/CSOM)	Special Nursery Care	Surgeries
122	54	24	11	29	7

In case of serious medical emergencies or children requiring surgery Palna admits children to hospital. In 2011 – 2012 the hospitals that assisted Palna were:

¹Palna is a registered Children's Home under Section 34 of the Juvenile Justice Care and Protection (of Children) Act, 2000 and a Specialized Adoption Agency under Section 41 of the same Act. Palna is licensed to do in-country adoptions by the Delhi Government and inter-country adoptions by CARA (Central Adoption Resource Authority).

Condition of the Child	Treatment Required	Hospital	No. of Children
B/L CSOM (Chronic Suppurative Otitis Media)	Left Ear Cortical Mastoidectomy under GA Right ear Myringotomy with Gromet Insertion under GA	St. Stephen's Hospital	1
Congenital obstructive hydrocephalus with aqueduct stenosis	V.P. Shunt applied under G.A.	RML Hospital	2
Extrophy of bladder with epispadias complex ; Bladder closure needs two more major surgeries for complete repair in next 5 years	IIIrd Step Surgery to be done	All India Institute of Medical Sciences (AIIMS)	1
Thalassemia Major	Unrelated Cord Blood Stem Cell Transplantation	Sir Ganga Ram Hospital	1
Cerebral Palsy with Microcephaly, Pneumonia & Septicaemia	Anti Convulsive medicine with IV Antibiotic, Oxygen and IV Fluids	Hindu Rao Hospital	1
Microcephaly with Cerebral Palsy with Gastro Intestinal Bleeding	Treated with I V Fluids, Antibiotics, Ventilator Support	Hindu Rao Hospital	1
CP with Microcephaly, Bilateral Pneumonia & Respiratory Failure	Anti Convulsive Medicine with I V Antibiotics, IV Fluids and Oxygen	Kalawati Saran Children's Hospital	1
Bilateral Chronic Suppurative Otitis Media	Foreign Body removed under GA. Left Cortical Mastoidectomy with Tympanoplasty under GA	St. Stephen's Hospital	1
Suspicious case of Mucopolysaccharide deposition disorder	Under observation, no specific treatment	Sir Ganga Ram Hospital	1
Bilateral Congenital Cataract	Cataract removed (B/L)	Dr. Shroff's Charitable Eye Hospital	1
Dandy Walker Syndrome with Septicemia & Bilateral Pneumonia	Cyto Peritoneal Shunt put ; treated with IV Fluid, Oxygen, IV Antibiotic for non Resolving Pneumonia and with Sepsis and Meningitis	RML Hospital	1
Development Assessment	Individual attention and stimulation	Manas Foundation	1
Congenital Articulate Speech Defect	Speech Therapy	Dr. Mamta Bhatnagar Pitampura	1
Seizure Disorder	Anti Convulsive Medicine	Tirath Ram Shah Hospital	1
Congenital Obstructive Hydrocephalus with Sepsis	Right - sided LPVP Shunt done under GA	Neurosurgery at St. Stephen's Hospital	1
Bilateral Severe Hearing Loss	BERA test -Hearing aid to be provided	Swar Clinic, Pitampura	2
Sacro Caudal Dysplasia Suspicious case of Coronary Artery Disease ; Ruled out by Echo	Child was provided with Artificial Lower Limbs, Left External Prosthesis, Right Knee Ankle Foot Orthosis	Artificial Limb Centre, Vidyasagar Institute of Mental Health and Neuro Sciences (VIMHANS)	1

Refractory Error	No specific treatment; child under observation	Institute of Nuclear Medicine and Allied Sciences (INMAS)	1
Multiple Congenital Anomalies with severe Bilateral Club Feet Deformity	Spectacles provided Multiple Plaster of Paris (POP) for Club Foot ; operated twice (B/L) Ponseti-Tenotomy under GA	St. Stephen's Hospital	1
Cleft lip and palate with Multiple Congenital Anomalies	Operated for Cleft Lip; Left Lip –Tenisons Repair under GA right lip –Rose Thompsons procedure done under GA	St. Stephen's Hospital	1
Bilateral Chronic Suppurative Otitis Media with Delayed Development	Treated with Oral And IV Fluid; conservative medicine on OPD basis	St. Stephen's Hospital	1
Osteogenesis Imperfecta	Injection Pamidronate every 3 months	St. Stephen's Hospital	1
Bilateral Brachial Plexus Palsy (Erb's)	Intensive Physiotherapy	St. Stephen's Hospital	1
Microcephaly, Blind & Autistic Spectrum Disorder; Congenital Multiple Joint Contractures	(Neurologist opinion)No specific treatment; special education and intensive physiotherapy and stimulation provided	St. Stephen's Hospital	1
Seizure Disorder	Anti Convulsive Medicine	St. Stephen's Hospital	1
Seizure Disorder	Short term Anti Convulsive Medicine under regular follow up.	St. Stephen's Hospital	1
Seizure Disorder	Anti convulsive medicine ; regular neurological follow	St. Stephen's Hospital	1
Bilateral Chronic Suppurative Otitis Media with Delayed Development	IV And Oral Antibiotic with other conservative medicine	St. Stephen's Hospital	1
Congenital Multiple Joint Contractures	Intensive physiotherapy	Orthopaedic OPD at St. Stephen's Hospital	1
Fungal Pyonephrosis with septicaemia wit Pneumonia	Left Nephrectomy done under GA; ventilator support	N ICU Paediatric Emergency St. Stephen's Hospital	1
	TOTAL		33

Residential Care: Renovations

Delhi Metro Rail Corporation (DMRC) will be taking over Palna grounds and breaking down part of Palna itself in 2012 for a period of 3- 4 years as part of their expansion plan. Palna therefore has to be rebuilt on whatever land is left with us to ensure that all the children are housed properly, safely and as far away from the noisy and dusty construction site. As a result, no renovation was done in the year 2011-2012 to the existing building.

Pre-school Learning / Recreational and Cultural activities

The process of placing children in adoption is a long one and the older children and toddlers, who will most likely go in foreign adoption, spend over a year in the home. A day-long schedule has been worked out for these children to address all their developmental needs. This has helped Palna children keep up with their peers when they join school in their adoptive countries. Italian language classes are held for children going to Italy in adoption.

Afternoons are reserved for arts and crafts, rehearsals for events and extra lessons. Teachers assisted by volunteers have been conducting dance and music sessions with our children. Our children performed dances and sang songs on stage as part of our *Holi*, Independence Day and Republic Day celebrations. This year they made *rakhis* and greeting cards too, which were sent to donors and well wishers.

No. of Children	Daily Time-Table	
Older children (4-10 years) (Approx. 25)	8.15 am - 10.00 am 10.00 am - 10.15 am 10.15 am – 12.45pm	Classroom activities Juice and biscuit break Classroom activities
Special Needs children (Approx. 6)	12.45 pm – 2.00 pm 2.00 pm – 3.00pm 3.00 pm – 5.00 pm 5.00 pm – 6.30 pm	Lunch Classroom activities Rest, Teatime, Freshening up Outdoor play - football, cricket, cycling, etc.
Toddlers (2- 4 years) (Approx 12)	8.15 am – 10.00 am 10.00am –10.30 am 10.30am – 11.00 am	Classroom activities Juice and biscuit break Classroom activities
Special Needs children (Approx 6)	11.00 am -12.45 pm 12.45 pm - 2.00 pm 2.00 pm – 3.00 pm 4.00 pm – 5.00 pm 5.00 pm – 6.30 pm	Special Education /Rest - indoor play Lunch Special Education /Rest – indoor play Rest, Teatime Outdoor play- swings, slides, tricycles

To break the monotony of the daily routine in Palna, the children are taken out on trips that are educational and also a lot of fun for the children. In 2010- 2011 the children were taken for the following outings:

Date	Place visited	Activities
27.04.2011	National Science Centre	Scientific concepts simple and interactively explained
25.07.2011	Nehru Planetarium	Study of the solar system; short film on planets
04.08.2011	MC Donald – Model Town	Eating etiquettes, socialization and plain old fun!
15.09.2011	Post office, Civil Lines	Modes of communication
20.10.2011	Ramjas School, Pusa road	Play (Shaher – E- Delhi)
11.11.2011	Indian School, Sadiq Nagar	Children's Day party
14.11.2011	DND Flyover	Outing for Children's Day Celebration, Noida
20.11.2011	Leisure Valley Park, Gurgaon	Exposure to natural surroundings
10.03.2012	Obero Maidines, Civil Lines	Party

Counseling and Assessment

Early stimulation is provided to the infants who are lagging behind in developmental milestones. Assessments are made by the Counselor on a monthly basis for children in the nursery and on a quarterly basis of the older children. The assessments are based on daily interaction with each child both in the classroom and in the home. Counseling is provided to children who show signs of emotional disturbance. Children who require further investigations to assess disability or the degree of delay are referred to specialists in hospitals such as Apollo Hospital or St Stephens' Hospital.

Birthday parties are organized every month for the children to cultivate a bond of sharing love, care and togetherness. The Counselor also makes a memory album with photographs and anecdotes for each older child going in adoption to help them remember their stay in Palna and to help their adoptive parents learn a little more about their child. The Counselor also conducts sessions with the caregivers to make them understand the needs of the children and the assistance that they require.

Age group	Assessment Updates/ Reports	Memory Albums	No. of children counselled
Nursery	65		
Toddlers	37	3	3
Older Girls	16	5	3
Older Boys	15	2	4

Physiotherapy and Stimulation

Physical therapy and developmental therapy is an important part of child development. We have children with different disorders and disabilities, delayed development and medical problems which require intensive physiotherapy intervention, including chest therapy and stimulation. Assessments are carried out on a range of parameters and treatment followed accordingly. Reports are maintained on each child to ensure proper evaluation and monitoring. The caregivers are trained on the following:

- Mild exercises
- Application of orthosis
- Home care program
- Positioning of kids

The number of children attended by the Physiotherapist monthly in 2010-2011:

Month	Bal Chetna	Nursery	Toddlers	Total
April	15	17	8	40
May	15	18	9	42
June	13	17	8	38
July	15	17	10	42
August	15	17	9	41
September	15	16	8	39
October	15	14	9	38
November	13	10	9	32
December	13	14	9	36
January	14	14	9	37
February	14	10	8	32
March	13	10	8	31

Adoption and Parents' Counseling:

The Adoption Programme entails working with the State Government and various statutory bodies such as the Child Welfare Committee, the Adoptions Recommendations Committee (ARC) and CARA to obtain clearances and sanctions for placement of children, all of which can take a long time. While the process of obtaining sanctions carries on, Palna's Adoption Officer engages in a thorough screening of all Prospective Adoptive Parents (PAPs) before placement. PAPs are also prepared for adoption through counseling - both individually (as couples) and in groups by the Adoption Officer as well as by professional experts in the field of adoption. The issues covered are:

- Infertility
- Disclosure about adoption to the child
- Parenting issues in adoption.

- Post-placement procedures

Parents are encouraged to share their thoughts, ask questions and to contact the Social Workers for any queries or concerns they may have before and after placement. In 2011-2012, a total of **65** couples/single parents received counseling in groups and individually.

Serial No.	Date of Group Counselling Session	No. of PAPs Couples/Single parents - Counseled
1	29 th July 2011	9
2	1 st August 2011	7
3	2 nd August 2011	10
4	31 st January 2012	8
5	1 st February 2012	14
6	2 nd February 2012	16

PALNA Day

Palna Day was celebrated on 18th November 2011 to bring together children who had been adopted from Palna along with their families for an afternoon of games and rides, arts and crafts and tea and delicious snacks and refreshments. A total of **78** families arrived and each child was given a gift at the end of the party.

Status of Palna Children as on 31/03/2012

No. of children brought forward from March 2011	94
New arrivals in the year April 2011 to March 2012	71
Total	165
Indian Adoptions	30
NRI Adoptions	3
Foreign Adoptions	11
Number of children restored to natural parents	9
No. of children expired	7
No. of children transferred to other institution:	10
Total number of children as on 31/03/2012	95

VOCATIONAL TRAINING PROGRAMME

DCCW's Vocational Training Programme, which was started in 1976, imparts vocational training to adolescent girls through centres located in slums and resettlement colonies of Delhi to teach them income-generating skills. The courses offered in this programme train children in largely home-based vocations that require little investment. For children with disability, these vocations are particularly suitable. After completion of the courses, the children are guided on how to source raw materials and market their products.

DCCW runs the Vocational Training Programme at the following centres:

- (i) Orthopaedic Centre for physically challenged and normal girls and boys (The detailed report can be seen in the report on the Orthopaedic Centre.)
- (ii) Working Children's Project (WCP), New Seemapuri (for more detail please see the WCP report)
- (iii) At 14 community based centres for school drop-out girls.

With the recession continuing to take its toll on DCCW's funding, we have had to reduce the number of VTP centres from 16 to 14. The number of units has correspondingly come down reflecting on the overall reduction in enrolment figures for this past year. In particular the Embroidery and Painting course has seen a huge decline in enrolment largely because the demand for the products made by the children in this course has decreased. We have decided to shut down this course completely and are exploring the possibility of introducing more popular courses such as Jewelry-making.

As the health of our adolescent girls is still an important priority at DCCW, our doctors continued to do rounds of all our centres, conducting monthly medical check-ups of all the children and disbursing basic medicines and tonics such as for malnutrition and skin infections. In collaboration with 'Friends of Sant Parmananda Hospital Welfare Association', those girls showing symptoms of anaemia were made to do blood tests at Sant Parmananda Hospital in Civil Lines and treated accordingly, free of cost.

Status of the Vocational Training Programme in 2011-2012: Course-wise

Sl. No.	Course Name	Units	Girls Enrolled	No who completed the course
1.	Cutting and Tailoring	14	204	124
2.	Beauty Culture	12	175	128
3.	Embroidery/ Painting	01	05	05
1.	Weaving	01	04	04
Total:		28	388	261

Status of the Vocational Training Programme (Centre-wise)

Sl. No.	Centre Name	Programme	No. of Girls completed the course in 2011-2012
1.	Trilokpuri-I	Cutting and Tailoring Beauty Culture	10 07
2.	Trilokpuri-II	Cutting and Tailoring Beauty Culture	07 09
3.	Dakshinpuri	Cutting and Tailoring Beauty Culture	20 15
4.	Smalka	Cutting and Tailoring Embroidery and Painting	06 05
5.	Bhalaswa	Cutting and Tailoring	05
6.	Poothkalan	Cutting and Tailoring Beauty Culture	08 11

7.	Madipur	Beauty Culture Embroidery and Painting Weaving	05 03 01
8.	Karala	Cutting and Tailoring Beauty Culture	13 14
9.	Bawana	Cutting and Tailoring Beauty Culture	09 12
10.	Begampur	Cutting and Tailoring Beauty Culture	07 06
11.	Palam	Cutting and Tailoring Beauty Culture	08 14
12.	Mubarakpur	Beauty Culture	06
13.	Pandav Nagar	Cutting and Tailoring Beauty Culture	11 10
14.	Shahbad Dairy	Cutting and Tailoring Beauty Culture	20 19
	Total:		261

Other activities during 2011-2012

- Educational tours were organized for the trainees in November, December and January. A total of 182 girls from 9 VTP centres -Trilokpuri - I and II, Gadaipur, Smalka, Madipur, Karala, Bawana, Begampur and Shahbad Dairy - visited Birla Mandir, Bangla Sahib Gurdwara, India Gate, Golok Dham, Ganga-toll Dham, Auchandi Border, Adventure Island, Metro Walk Rohini, Akshardham Temple and Children's Park. The girls enjoyed the opportunity to step out of their neighborhood and to explore other parts of the city.
- A ten-day Self-Defence Training Techniques Course was conducted at seven centres with the support of the Delhi Police (Special Police Unit for Women and Children Nanakpura, Delhi). A total of **406** girls were trained in 2011-2012 including women and girls living in the community. The objective of this course is to develop self-confidence in the girls and enable them to take quick action in crisis situations.
- The annual evaluations of all the courses were done from 9th to 28th February 2012. The Valedictory Function was held on 16th March 2012 at the Head Office in Qudsia Bagh. Prizes were given to those who secured the top marks in each course. Altogether 273 girls (including 12 WCP trainees) were successful in the evaluations and received certificates and prizes on the occasion. Mrs. Madhu Bhaduri, of the Mansa Devi Trust which contributed to the support of this programme in 2011 - 2012, was the chief guest on this occasion. She gave away the prizes and certificates to all 109 meritorious girls. The remaining girls were also awarded with certificates and gifts. Items and products made by the girls were displayed. Instructors, who had performed well were also awarded prizes at the function.
- A total of **302** girls underwent medical check-ups; of them **38** girls were recommended for further investigations. Hemoglobin tests were conducted **34** girls at Sant Parmananda Hospital, Civil Lines, Delhi on 18th and 25th April 2011 to detect malnourishment, anemia and thyroid problems. The medical checks were sponsored by the Friends of Sant Parmananda Hospital Welfare Association, courtesy of Mrs. Sudha Gupta who arranged to have the tests conducted free of cost.
- A Dental Check-Up and Awareness Camp was organized at Dakshinpuri centre on 23rd April 2011 with support from the Rotary Club, South Delhi. A total of **51** girls were examined and treated by the specialists. Medicines were arranged for by DCCW.
- An advanced course in Beauty Culture for instructors was conducted between 5th January and 31st March, 2012. The course was conducted by Make-up Studio, Nehru Place, New Delhi, at our Orthopedic Centre under the guidance of trained professionals to familiarize them with modern techniques of beauty culture. A total of **4** instructors completed the course successfully.
- A Nutrition Awareness Programme was conducted at our VTP centres in Madipur, Dakshinpuri, Palam, Poothkalan, and

Karala centre in July and August 2011. At our Trilokpuri, Pandav Nagar and Mubarakpur centres the same programme was organized from 10th to 14th October, 2012 to teach the girls how to prepare nutritional food at a low cost. A total of **242** girls participated in these awareness programmes.

- A one day Nutrition Awareness Programme were organized at Trilokpuri-II and Dakshinpuri centres on 2nd and 5th September 2011 with the support of the Food and Nutrition Board, Government of India, Kidwai Nagar branch, New Delhi.
- *Diwali Melas* were organized at all centres on 22nd October 2011. *Mehndi* and *rangoli* activities were done by the girls and members of the community were invited to the *mela*. Products made by the girls like candles, *diyas*, herbal face packs, soap and toys were sold to the local residents. The objective of this fair was to involve the local community in the programme and its activities.
- Parent- teacher meetings and interactive sessions were held at all the Vocational Training centres to discuss various issues concerning the girls. Counseling sessions were organized by the doctors on healthy eating habits and nutrition, personal hygiene, sanitation and reproductive health.

EDUCATIONAL SPONSORSHIP PROGRAMME

DCCW's Educational Sponsorship Programme, which was started in 1979, is a direct financial assistance programme that encourages children to complete their schooling and prevents them from dropping out because of financial constraints. The Sponsorship Programme invites sponsors to support a deserving but needy child's education by giving the child a monthly stipend to help pay school fees, purchase books and uniforms, etc. The academic performance of the child is taken into consideration while enrolling beneficiaries. However, exceptions are made in the case of physically challenged children and children of single parents. Sponsors include individuals and organizations. The children keep in touch with the sponsors through DCCW by sending letters, greetings and progress reports to them.

The programme also provides stationery, career counseling and other benefits to these children who come from low- income families (with a monthly income of Rs 8000/- or less). In addition, for the past few years, DCCW has been arranging medical check-ups for these children. A total of **980** children were enrolled in this programme in 2011- 2012.

The Educational Sponsorship Programme Calendar for 2011- 2012:

Sl. No	Activity	Period
1	Stipend Disbursement	April 2011, August 2011, January 2012
2	Medical check-ups and distribution of basic medicines e.g calcium, vitamins and iron tablets, de-worming medicine, skin medication etc	April 2011, August 2011, January 2012
3	Submission of letters, drawings, progress reports and photographs by children; translated, printed out and sent to sponsors by DCCW.	April 2011, August 2011, January 2012
4	Distribution of stationery to all the children	April 2011
5	Distribution of annual gifts to all the children to encourage them to perform better	August 2011
6	Celebration of Sponsorship Day and Prize Distribution for meritorious children	12 th November 2011
7	Disbursement of conveyance allowance to physically challenged children	November 2011, March 2012

Events and activities during 2011- 2012

- Stationery was distributed to **780** children in April 2011 during the stipend disbursement period.
- A total of **906** children received annual gifts in August 2011.
- A special session on Adolescent Reproductive Health and Personal Hygiene for older girls was conducted by DCCW's lady doctor in April 2011 during the stipend disbursement process.
- DCCW celebrated Sponsorship Day on 12th November 2011 to provide a fun-filled day to the children, which included an entertainment programme, games and lunch/refreshments.
- Around 342 children were selected for special prizes for having scored good marks in their annual examination.
- In September 2011, a special career counseling session was conducted for the class XII students at the Head Office. Two of the sponsored children who had finished school and had opted for the DIET course (Elementary Teachers' Training course) were invited to share their experiences with the other children.
- A skin specialist conducted check-ups on all sponsored children in August 2011.

- One of the sponsored children received one-time financial assistance from DCCW after completing Class XII with more than 75% in Humanities.

Sponsorship Day Celebrations

As part of Children's Week, "Sponsorship Day" was celebrated on 12th November, 2011 at DCCW's Head Office, for meritorious children enrolled in our Sponsorship Programme. Approximately 500 children (including parents and siblings of sponsored children) attended the celebrations.

The chief guest Ms. Madhu Bhaduri (Trustee – Mansa Devi Trust) inaugurated the day's celebrations by lighting the lamp. Children from DCCW's crèche centre as well as sponsored children presented a welcome song followed by games and prizes for the children and a Magic Show as well. Approximately 342 children were given prizes for securing good marks in their annual examinations including special prizes for physically challenged children as well.

All children were served refreshments and lunch, sweets and fruit juices. A lucky draw of Raffle Tickets was also conducted where the lucky winners won gifts like a washing machine, refrigerator, saris, household items etc.

Number of sponsored children country wise

Sl. No.	Name of the Organisation/ Individual	Name of the Country	No. of children sponsored
1	International Adoption	Italy	514
2	Interpedia	Finland	140
3	Rayon de Soleil De L' enfant Etranger	France	5
4	Enfance du Monde- Rayon De Soleil	France	5
5	Danadopt	Denmark	26
6	Kokila Foundation	Netherlands	11
7	Individual	U.K	15
8	Individual	U.S.A	6
9	Individual	Italy	4
10	Individual	India	151
11	Sarla Devi Trust	India	66
12	Individual	Spain	2
13	Individual	Belgium	4
14	Individual	Sweden	3
15	Individual	Japan	1
16	Individual	UAE	1
17	DCCW (Special Category)	-	26
	TOTAL		980

SUPERVISED HOMEWORK SCHEME

DCCW's Supervised Homework Scheme (SHS) provides academic assistance to school-going children in Classes I – VIII who belong to low-income families whose monthly income is Rs. 12000/- or less. The objective of the programme is to help children improve their academic performance and prevent children from dropping out of school by giving them the academic assistance they need. The tutors are tested annually in English, Mathematics, Hindi and Science and are assigned classes for tutoring on the basis of their performance. The children's school reports are examined to assess their progress and to monitor the performance of the teachers. DCCW also conducts its own monthly tests to assess the children's academic progress.

Altogether, **231** children attended DCCW's homework assistance programme at various centres in Delhi during 2011-2012. Out of them **111** children were enrolled in schools and **120** children were enrolled in community – run nursery classes run with guidance from DCCW. All 111 school-going children were promoted to the next class after their annual examinations and of them, **13** children secured high positions in their respective classes.

The children in the Supervised Homework Scheme are also under the medical supervision of DCCW's doctors and are given basic medicines such as vitamin and iron tonics, de-worming medicines etc., according to their requirement.

Status of the Supervised Homework Scheme: (As on 31st March, 2012):

Sl.No.	Name of the Centre	No. of Units	No. of children enrolled
1.	Smalka	02	32
2.	Gadaipur	02	41
3.	Sultanpuri	01	09
4.	Qudsia Bagh	02	29
5.	Bhalaswa	01	18
6.	Dakshinpuri	01	14
7.	Madipur	01	19
8.	Karala	01	20
9.	Bawana	01	16
10.	Shahbad Dairy	01	17
11.	Poothkalan	01	16
	TOTAL	14	231

Other Activities and Events in 2011-2012

- The SHS Teachers' Evaluation Test was conducted on 31st July 2011 at the Head Office. A total of **15** teachers took the test, and **11** teachers were found eligible to hold tuition classes at the centres for the 2011 – 2012 session.
- Supervised Homework Scheme Day was celebrated on 12th August, 2011 at DCCW's Head Office to coincide with Independence Day celebrations. It was a day of fun for the **124** children who attended the event which was filled with games like Musical Chairs, Four Corners, as well as folk dances and song competitions. There were prizes for the winners and gifts for all the children. A 'Lucky Draw' was organized and all the children received gifts such as school bags, T-shirts, coloring books with crayons, badminton rackets and evening bags. Refreshments and a special lunch were served to the children and their tutors. A total of **23** children were awarded prizes for their outstanding performance in the annual examinations. Tutors who had done exceptionally well by their students received a special commendation.
- A total of **63** children from Smalka and Gadaipur centres went for an educational and fun trip to India Gate, Children's Park and Golakdham on 3rd and 10th December, 2011.
- All national and religious festivals like *Holi*, *Diwali*, *Dussehra*, *Raksha Bandhan*, Republic Day and Independence Day were celebrated at the centres. Parents were also invited to participate in the festivities.
- Children's Week was celebrated from 8th November to 14th November 2011 at all the SHS centres. There were competitions in drawing and painting, *rangoli*-making, dancing, quizzes and sports events.
- A Dental Camp was organized at Dakshinpuri Centre on 2^{3rd} April 2011 with the support of the Rotary Club, South Delhi. A total of **13** children were examined and treated by the team of doctors.

- Parents' meetings were held at Mubarakpur, Dakshinpur Sultanpuri, Trilokpuri, Bhalaswa, Qudsia Bagh and Begampur centres in October, November, December, 2011 and March, 2012 to discuss the progress of the children. Their feedback was useful in helping DCCW make qualitative improvement in the services at the centres.

WORKING CHILDREN'S PROJECT

DCCW's Working Children's Project, started in 1987, gives children engaged in poorly paid and hazardous jobs like cleaning and packing glasses, bead work, shoe polishing, rag picking, selling of vegetables and fruits, etc., a chance to go to school or at least to learn a skill that will ensure them a better and safer livelihood. The project runs in a poor neighborhood of East Delhi - New Seemapuri - from 9.00 am - 4.00 pm, six days a week. The monthly family income of the beneficiaries is Rs 12000/- or less.

Status of the Working Children's Project (As on 31st March 2012)

A total of **89** children (boys and girls), in the age group 6 - 18 years were enrolled in this project in 2011-2012. There are two components to the project as shown in the table below:

Programme	Content	Age Group	No. of Children
1. Supervised Homework Scheme	Homework assistance and coaching for examinations to help enrolled school children keep up with their parents	Children in the age group 6 years - 16 years	51 Boys: 24 Girls: 27
2. Vocational Training Programme	Teaching working children a skilled vocation as an alternative source of livelihood. - Cutting and Tailoring - Short term courses e.g. catering,, re using waste materials etc.	Children in the age group 12 years -18 years.	38 All Girls

Additional facilities at the WCP

Nutrition	Health	Culture/ Recreation	Parents' Meetings/ Workshops
<ul style="list-style-type: none"> - Midday meal - Afternoon snacks and fruits - Special diet for malnourished children 	<ul style="list-style-type: none"> - Monthly health check-ups - De-worming medicine, vitamins, tonics etc. as prescribed by the doctor. - Health awareness talks organized for adolescent girls 	<ul style="list-style-type: none"> - Celebration of festivals and Children's Week with music, dance, sports and painting competitions - Recreational outings/ trips such as picnics, inter organizational sports meet etc. - Celebration of WCP Day at the Head Office to coincide with Republic Day Celebrations 	Monthly parent - teacher meeting and awareness workshops to: <ul style="list-style-type: none"> - Discuss the child's progress - Obtain feedback from parent to allow for improvement of the services

Achievements of WCP in 2011-2012

Supervised Homework Scheme

All **51** children passed their annual examinations. A total **7** children secured high positions in their class with a first division.

Vocational Training Programme (Cutting and Tailoring)

A total of **38** girls were enrolled in this programme, of which **12** girls completed the one-year course. They received prizes and certificates at the Valedictory Function held at the Head Office on 16th March 2012. The rest of the trainees who enrolled later will complete the course in the next session.

Other Activities and Events in 2011-2012

- Hemoglobin Tests were conducted at Sant Parmananda Hospital, Civil Lines Delhi on 25th April 2011 for **5** girls suspected to have anaemia. The medical checks were sponsored by the 'Friends of Sant Parmananda Hospital Welfare Association', courtesy of Mrs. Sudha Gupta who arranged to have the tests conducted free of cost. A total of **14** VTP girls and **7** children

from the SHS were treated for anemia, general weaknesses, scabies and calcium deficiencies. They were given iron tonics, calcium, multivitamins and placed on a special diet under the supervision of our doctor.

- De-worming medicines were given to all children in August 2011.
- A total of **7** children were awarded special prizes at DCCW's Independence Day celebration at the Head Office on 12th August for their outstanding performance in the annual exams.
- The Bridge Course was closed down in June 2011 due to lack of sufficient number of enrolments. This is a good sign as it indicates that more and more children are enrolling in schools at the appropriate time.
- A Self- Defense Training Programme for girls was organized at the centre on October 10th to October 24th 2011 through the Delhi Police. A total of **50** girls participated in this programme, including women and girls from the local community.
- A *Diwali Mela* was organized at centre on 22nd October 2011. Children participated in various events such as *Rangoli* making, painting and other cultural events.
- Children's Week was celebrated from 8th to 14th November 2011 at the centre. The children participated in various events like drawing and painting competitions, quiz contests etc.
- A group of **85** children attended the prize distribution ceremony of the 'National Painting Competition' on 24th November 2011 at National Bal Bhawan, organized by the Indian Council for Child Welfare.
- A total of **18** children participated in the NGO *Mela* held on 25th and 26th November 2011 organized by Y.M.C.A. Delhi. Children participated in competitions such as *rangoli* making, slogan writing, folk dances, henna designing and fancy dress shows. They received mementoes and certificates of participation.
- An educational and recreational tour was organized on 10th October 2011 for the WCP children to visit Akshardham Temple, Rajghat, Bangla Sahib Gurudwara and Kisaan Ghat. Altogether **68** children went on the trip.
- Eye checks of **62** children were done at the Community Eye Check-up and Awareness Camp on 14th December 2011, at A-Block, Valmiki Mandir, New Seemapuri by a team of eye specialists.
- WCP Day was observed on 21st January at the Head Office to coincide with the celebration of Republic Day (26th January). A total of **93** children attended the function along with the winners of the 'National Bravery Awards'. A cultural programme was followed by games, a magic show and lunch. Gifts were given to all the children.
- The Annual Evaluation of the girls in the Vocational Training Programme was held on 9th February at the centre and 12 girls were declared successful.
- Parent-teacher interactions were held in the last week of every month to discuss each child's progress and to obtain feedback from the parents to help us improve our services to the children. A total of **12** such parent meetings were arranged in the year 2011-2012.
- Repairs and whitewash work were done at the centres in May 2011.

CALENDAR OF SPECIAL EVENTS IN 2011 -2012

Date	Event	Programme Beneficiaries	Nature of Celebration
August 12, 2011	Independence Day	Children in all programmes at: - Head Office - Palna - Orthopaedic Centre - All community-based centres	- Independence Day Celebrations at the Head Office and all the centres • Hoisting the Indian Flag; singing the National Anthem; cultural programme • Distribution of sweets to all the children
	Supervised Homework Scheme Day	- SHS Children	- SHS DAY celebrations at Head Office • Games and an entertainment programme • Lunch, refreshments and gifts for all the children • Prizes for children who did well in their examinationso • Awards for the best tutors

November 9, 2011	Bal Chetna Day	<ul style="list-style-type: none"> - Bal Chetna children from the Orthopaedic Centre and the Outreach Daycare Centres 	<ul style="list-style-type: none"> - Picnic at India Gate and Children's Park - Games and an Entertainment programme - Refreshment and lunch for the children
October 21, 2011	Diwali Mela	<ul style="list-style-type: none"> - Orthopaedic Centre - Bal Chetna Children - VTP Girls 	<ul style="list-style-type: none"> - Stalls selling items made by Bal Chetna and VTP children - Rides, DJ dancing and games for all children
November 8 to 14, 2011	Children's Week	<ul style="list-style-type: none"> - Crèche Children - VTP girls - Bal Chetna Daycare Children - WCP Children - SHS Children 	<ul style="list-style-type: none"> - Special fun activities including painting competitions, paper-pasting, slogan chanting, fancy dress competition - Children's processions through the community to spread awareness on safe drinking water, cleanliness and hygiene, the importance of education etc. - Cultural programme - Sports activities. - Special meals and sweets served to the children
November 12, 2011	Educational Sponsorship Day	<ul style="list-style-type: none"> - Children from the Educational Sponsorship Programme who have done well academically 	<ul style="list-style-type: none"> - Games and an entertainment programme - Prizes for all the children - Refreshments and Lunch for the children and their families
November 19, 2011	Palna Day	<ul style="list-style-type: none"> - Children adopted from Palna and their families 	<ul style="list-style-type: none"> - Party with games and rides including bouncy and electric train, face -painting and henna application, children's activities like pottery-making making, arts and crafts, wall painting - DJ for older children - Tea and snacks - Gifts for all the children
December 3, 2011	World Disabled Day	<ul style="list-style-type: none"> - Children from Bal Chetna at the Orthopaedic Centre and the Daycare Outreach Centres 	<ul style="list-style-type: none"> - Games and an entertainment programme - Refreshment and lunch for the children
January 21 2012	Republic Day WCP Day (Working Children's Project)	<ul style="list-style-type: none"> - Winners of the National Bravery Awards - WCP children 	<ul style="list-style-type: none"> - Special gifts for winners of the National Bravery Awards - Special prizes for WCP children fared well academically - Gifts for all WCP children - Games and an entertainment programme - Refreshments and Lunch for all the children and their families
March 18 2012	Vocational Training Programme Valedictory Function	<ul style="list-style-type: none"> - VTP Trainees who successfully completed their courses. 	<ul style="list-style-type: none"> - Prizes for trainees who had the best results - Certificates and gifts all graduating trainees - Games, DJ dancing and entertainment - Lunch and refreshments for all the children

OTHER EVENTS

VTP Product Sales

DCCW put up stalls of items made in its Vocational Training Programme at the following fairs:

- Akshay Pratisthan Mela 14/10/2011
- Diwali Mela organized by the Blind Relief Association 18 to 19/10/2011
- Mahila Mandal Mela 18/10/2011
- Tamana Special School Fair 14/12/2011

60 years of DCCW and Fundraising Event - "PALNAreaches out..."

As part of our fund-raising efforts, on February 18, 2012 a select group of guests were invited to visit Palna. Dr. Veronica Shah, Palna's Consulting Pediatrician, made a brief presentation on the challenges our medical team has had to contend with over the

years and the remarkable success the team has achieved beginning with ensuring the survival of the child to ensuring that she is medically fit for adoption. Visitors walked through PALNA and were deeply gratified to find that PALNA “is as close it gets” to a family. Lunch was served to all the guests.

Jumble Sale

Monthly Jumble Sales continued to be held throughout the year yielding a total of Rs. 2.92, 866/-.

Self Defence Courses during 2011-12 by Delhi Police:

Centre	Date	No. of DCCW Participants	Other Participants
Madipur	25.4.11 to 6.5.11	42	05
Pandav Nagar	25.4.11 to 6.5.11	45	07
Shahbad Dairy	10.10.11 to 9.1.11	65	08
Dakshinpuri	23.11.11 to 2.12.11	60	06
Trilokpuri I	23.11.11 to 2.12.11	33	04
Begumpur	28.12.11. to 9.1.12	81	05
TOTAL		326	35

Nutrition Awareness Week:

“Nutrition Awareness Week” was organized at Trilokpuri, Pandav Nagar and Mubarakpur centres from 10th to 14th October, 2011 with the support of all three AWTC staff, mothers of the children and other local community women.

A total of 35 girls and 10 mothers from Trilokpuri, 40 girls and 10 mothers from Pandav Nagar and 23 girls and 13 mothers from Mubarakpur participated in these programmes.

COMMITTEE MEETINGS

Sl	Committee	Total no of meeting held during 2011-12	Strength of committee members
1.	Executive Committee	04.05.2011 23.07.2011 30.09.2011 20.12.2011	07 12 15 09
2.	Finance/Admin Sub-Committee	27.04.2011 23.07.2011 30.09.2011	07 05 08
3.	Programmes Sub-Committee	04.05.2011 23.07.2011 30.09.2011	08 09 09
4.	Fund Raising Sub-Committee	04.05.2011 08.07.2011 30.09.2011	05 07 11
5.	Annual General Body	30.09.2011	18

We confirm that:

- i) No remuneration, sitting fee, transportation allowance or any form of compensation was paid to any Executive Committee members.
- ii) No Executive Committee members are related to each other either blood, marriage or any other relation.

SALARY DISTRIBUTION OF STAFF as on 31.03.2012

Sl	Range of salary	No of staff - male	No of staff - female	Total
1	Below Rs.5,000	17	69	86
2.	Rs.5001-10,000	13	104	117
3.	Rs.10,001-25,000	18	34	52
4.	Rs,25,001-50,000	04	03	07
5.	Above 50,000	Nil	Nil	Nil
	Total	52	210	262

MALE - FEMALE RATIO IN THE ORGANIZATION as on 31.3. 2012

Sl	Category	No of Male	No of Female	Total
1	Board members	3	12	15
2.	Professional staff	22	37	59
3.	Support staff	30	173	203
	Total	3 + 52	12 + 210	15 + 262

NATIONAL/INTERNATIONAL TRAVEL BY STAFF/VOLUNTEERS/AND BOARD MEMBERS IN THE FINANCIAL YEAR 2011 -12.

Name and Designation of Staff / Volunteer / Board Member	Designation	Purpose of Travel	Cost incurred by DCCW	Sponsored (Rs.)
Mrs. Neena Macedo	President	To attend Capacity Building Workshop in Ethiopia from 18.09.2011 to 24.09.2011	Nil	Interpedia, Finland

CAPACITY BUILDING SEMINARS / WORKSHOPS ATTENDED BY STAFF MEMBERS

Sl. No.	Name and Designation	Name of the Training/Workshop	Name of the Agency / Venue	Duration
1.	Mrs. Uma Shukla, Principal Coordinator and Mrs. Rashmi Bhargava	Sabla, IGSMY (Indira Gandhi Matratva Sahyog Yojana) and use of MCP (Mother and Child Progress) card	National Institute of Public Cooperation and Child Development.	18 th – 20 th , April, 2011
2.	Mrs. Nirmal Gupta, Instructor	Skill training on Infant Young Child Feeding”	National Institute of Public Cooperation and Child Development	13 th – 17 th June, 2011
3.	Mrs. Anila Raghav, Nutrition Instructor at AWTC II & Mrs. Neema Instructor AWTC-III	“Sabla, Indira Gandhi Matrava Sahyog Yojana and Mother Child Progress card	National Institute of Public Cooperation and Child Development	8 th - 10 th August, 2011.

4.	Crèche Helpers	Nutrition Awareness Programme	Department of Food and Nutrition, Ministry of Women and Child Development	8 th – 9 th September, 2011
5.	Dr. Lovely Agarwal, Dr. Kavita Sharma, Aparupa Chakravarty (Physiotherapist)	9 th Asia Pacific Conference on Child Abuse and Neglect	ICANCL	6 th -9 th October, 2011
6.	Mrs. Rashmi Bhargava, Principal AWTC-II & Mrs. Neema Mishra, Instructor AWTC – III	“Planning and Organizing Community Education”	National Institute of Public Cooperation & Child Development	26 th – 30 th December, 2011
7.	Mrs. Hemlata Talwani Principal AWTC – III & Mrs. Rajni Kaushik pre-school Instructor AWTC – II	“Strengthening ECE (Early Childhood Education) component in ICDS”	National Institute of Public Cooperation & Child Development	9 th – 13 th January, 2012.

ACKNOWLEDGEMENTS

DENMARK

Danish International Development Agency (DANIDA)

DANADOPT is DCCW’s Danish partner for adoption in Denmark since 1979.

FINLAND

Interpedia R.F. Finland

Interpedia is DCCW’s Finnish partners for adoption in Finland and is also a generous contributor to our Educational Sponsorship & Bal Chetna- outreach Programme.

ITALY

International Adoption, Italy and Italian adoptive families

International Adoption, Italy has stood by DCCW in every way - placing children in loving families

IRELAND

H.E. Philip McDonagh and Mrs. Anna McDonagh, the Department of Enterprise, Trade and Employment, Dublin; The Indian Orphanage Appeal Trust, Dublin,

The Indian Orphanage Appeal Trust has been a good friend and supporter of Palna ever since the Trust was set up. Regardless of their financial constraints, the Indian Orphanage Trust continues to support Palna to the extent it can.

SWEDEN

Adoption Centre, Sweden has been a constant partner for DCCW since 1978.

Mr. and Mrs. Lennart Lodin have been raising funds for DCCW programmes, since 1987. Most recently their support has ensured safe drinking water for our children at all our centres.

UNITED KINGDOM (U.K.)

Neil McCallum and Ali; young Ali who was adopted from Palna several years ago has been tirelessly raising funds and generating community awareness for Palna. He designed DCCW’s greeting cards which are available for sale as part of DCCW’s fundraising campaign. He is our ambassador in the U.K.

The Paul Hamlyn Foundation (PHF) 1992-2009

The Paul Hamlyn Foundation has had a special relationship with DCCW since 1992, due to its consistent support of our Orthopaedic Centre for several years until 2009.

U.S.A.

The Heart and Hand for the Handicapped Foundation; Dr. Ranga Krishna

Dr. Ranga Krishna’s association with DCCW began in 2002 when he helped set up Bal Chetna. Since then he has been supporting Bal Chetna every year. Through Dr. Krishna, the Heart and Hand Foundation for the Handicapped sponsors surgeries at the Orthopaedic Centre.

The Downs Foundation has been supporting Delhi Council for Child Welfare since 2003 with a generous donation every year. Mr. Kuljeet Singh Parmar; Mr. Arun Chadha; Mr. and Mrs. Mr. Tej Pal Kohli; Mr. E. Ohmkar; Mr. Arun Kumar, Mr. Vijay Khetrpal

NETHERLANDS

The Kokila Foundation has been providing financial support for education since 2009.

HONGKONG

INDIA

Mumbai

The H. J. Valia Charitable Trust has been sponsoring surgeries at the Orthopaedic Centre for the last several years. Mr. Luis Miranda has been a generous contributor to DCCW programmes for the past few years.

Gujarat

Ms. Rashmi Shroff

Delhi

Japanese Ladies' Volunteer Group

Sarla Devi Dharmarth Trust

Shri Ram Udyog

Jeevan Dayani

Rajeshwar Susheela Dayal Trust

The Maidens Hotel, Civil Lines

Lions Club, Karol Bagh

Delhi Police- Civil Lines Branch and Crime Branch, Women's Cell

Delhi Achievers Round Table Group

Friends of Sant Parmanand Hospital Welfare Association

Tiara Charitable Foundation, Delhi

Cadence, Design Systems (I) Pvt. Ltd, NOIDA

St. Stephens Hospital

Jaipur Golden Hospital

Dr. Anurag Bhagat, Sant Parmanands Hospital

Ford Foundation

Mansa Devi Trust

Rotary Club, South Delhi

We are grateful to the Rotary Club South Delhi for the generous support they have given DCCW in organizing free dental check-ups and treatment for children enrolled in various DCCW programmes.

Our special thanks to:

Mr. Arvind Nanda, Sanjaya Rajadhyaksha, Mrs. Suman Rajadhyaksha, Dr. Ashutosh, Mrs. Anubha Jain, Mrs. Suman Aggarwal, Anaesthesia Equipments, Mr. Bhupinder Singh, Mr. Bharat Vora, Mr. Balraj Khanna, Dr. R.K. Saxena, Ms. Geetha Manchanda, M/s Gupta Ji Shuting Shirting, M/s Shivam Travels, Mr. H.S. Gupta, Mr. K.L. Batra, Mrs. Kamal Singhal, Mr. Rohit Dudial, M/s Raju Bhai & Co., Ms. Radhika Sachdev, Mr. Laxmi Chand Tejoomal, Dr. Lakshmi Vats, Mr. Satya Dev Singh, Mr. Manu Chadha, Mr. Mukesh Gaba, M/s. Makker & Associates, Ms. Monika Sareen, M/s S.M. Fabric, Mr. Sanjay Gabba, Shri Ram Udyog, Mr. Vijay Tyagi, Mr. Vinod Bali, Mr. Vishal Shah, Mr. Naresh Deewan, Mr. Gautam Khanna, Mr. Om Prakash Tayal, Mr. Sandeep Jain, Contemporary Targett Pvt. Ltd., Roshan Lal Public Charitable Trust, Dr. Surender Malhotra, Mr. Akshay Sharma, Mr. V.P. Mittal, Mr. T.S. Oberoi, M/s Bonton, Mr. Tilak Raj, Mr. Vinay Kumar, M/s Fairdeal, Mr. Surender Singh, M/s Veenus Steps, Mr. Anil Khanna, M/s, Hi Fy Electronics, Mrs. Brindra Shroff, Group Managers-NDPL, Puri Crawford Associate, Mr. Sareen, Mr. George Mathew, Maharaja Agrasen Public School, Mata Jai Kaur Public School, Delhi Achiver's Round School, Delhi Dynamic Round Table 157, Lions Club, Mrs. Rashmi Guha, Mr. Suresh Gupta

M/s Uday Management Services (Pvt) Limited (Connaught Place), Mr Ishwinder Singh (Green Park Main), Mr Rakesh Kumar Gupta (Ashok Vihar), Mr Mahabal Mishra (Member of Parliament), ITL Charitable Trust (New Delhi), Rotary Club of Delhi (Rohini), Rotary Club of Delhi (Safdarjung), Ms Suman Kalra and Mr Gulshan Kalra (Vasant Vihar), Ms. Aradhana Lamba (Safdarjung Enclave), Mr Rakesh Babbar, IRPPL, Noida, Mr Lalit Duggal & Mr Anant Khot, Express Parcel Services (Pvt.) Ltd. (Mayapuri), Mr A.K. Bhasin, M/s Standard Casting (Pvt) Limited (Mayapuri), Bhagat Hospital (Janakpuri), and Golden Assets Holdings Pvt Limited through Mrs. Meenaxi Gupta, Ms Pooja Mittal (Punjabi Bagh), Mr L.K. Garg, Mr Arpan Sharma and Dr. Kiran through Mr Ali Ashraf, Ms Rehka Sohun,

DCCW is grateful to **Mr Yatender Nath Gupta, Mr. Aditya Jain and Mr. Anand Gupta** for their generous contributions and kind support towards sponsoring surgeries at the Orthopaedic Centre.

The enormous generosity that **Mr Ali Ashraf** has extended to the Orthopaedic Centre has made him a special part of this programme. He donated an ambulance for the patients at the Orthopaedic Centre, sponsored substantially the construction of two rooms in the Dream Garden and has consistently given of his time to help in the various programmes at this Centre. DCCW is forever grateful for his support.

Mr Pankul Rathore has been supporting our Workshop at the Orthopaedic Centre. DCCW is grateful for his help.

The **Late Mr Tribhuvan Das Bhimji Zaveri** donated generously for the construction of the new rooms including the Sensory Room in the Dream Garden. As a patron of DCCW he has always stood by us in our time of need. He will be missed.

Abridged Balance Sheet as on 31st. March,2012

Particulars	Amount	%
ASSETS		
Fixed Assets	167.64	11.29
Investments	1197.39	80.62
Deposits & Advances	4.10	0.28
Sundry Receivables	78.92	5.31
Current Assets	37.25	2.51
Total	1485.30	100.00
LIABILITIES		
Corpus Fund	67.44	4.54
Earmarked Funds	1221.85	82.26
Fixed Assets held Agt. Contribution	163.05	10.98
Current Liabilities & Provisions	29.68	2.00
Income & Expenditure A/c Balance t/f to Corpus Fund	3.28	0.22
Total	1485.30	100.00

Abridged Income and Expenditure for the year ended on 31st March,2012

Particulars	Amount	%
INCOME		
Indian Sources (Projects Grants & Donations)	284.09	48.82
International Sources (Projects Grants)	188.10	32.32
Others (Self Generated Income, Bank Interest)	109.72	18.86
Total	581.91	100.00
EXPENDITURE		
Indian Sources (Projects Expenses)	195.92	33.67
International Sources (Projects Expenses)	340.43	58.50
Others	42.28	7.27
Total	578.63	99.44
Surplus T/f to Capital Corpus	3.28	0.56



DCCW PROGRAMMES

GOVT. SPONSORED PROGRAMMES

CRECHE PROGRAMME

ANGANWADI WORKERS'
TRAINING PROGRAMME

SPONSORED PROGRAMMES

EDUCATIONAL
SPONSORSHIP
PROGRAMME

ORTHOPAEDIC
PROGRAMME

BAL CHETNA

OWN PROJECTS

PALNA

ADOPTION
PROGRAMME

SUPERVISED
HOMEWORK
SCHEME

VOCATIONAL
TRAINING
PROGRAMME

WORKING CHILDREN'S
PROJECT

Delhi Council for Child Welfare

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